

*Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly. Matthew 11:28-30*

1. \_\_\_\_\_ ← → \_\_\_\_\_

*Each one should carry their own load. Galatians 6:5 NIV*

*Observe the Sabbath day by keeping it holy, as the Lord your God has commanded you. You have six days each week for your ordinary work, but the seventh day is a Sabbath day of rest dedicated to the Lord your God. Deuteronomy 5:12-14 NLT*

2. \_\_\_\_\_ ← → \_\_\_\_\_

*God . . . richly provides us with everything for our enjoyment. 1 Timothy 6:17b NIV*

*Better to have one handful with quietness than two handfuls with hard work and chasing the wind. Ecclesiastes 4:6 NLT*

3. \_\_\_\_\_ ← → \_\_\_\_\_

Deuteronomy 6:10-12; Deuteronomy 8:6-18

*But remember the Lord your God, for it is he who gives you the ability to produce wealth . . . Deuteronomy 8:18*

*Be still, and know that I am God. Psalm 46:10*

### CONNECTION

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