

*Give thanks in all circumstances; for this is God's will for you in Christ Jesus.* 1 Thessalonians 5:18 NIV

### GRATITUDE INVOLVES A . . .

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### TWO ENEMIES OF GRATITUDE:

- \_\_\_\_\_
- \_\_\_\_\_

*Bless the Lord, O my soul; and all that is within me, bless his holy name! Bless the Lord, O my soul, and forget not all his benefits; who forgives all your iniquities, who heals all your diseases, who redeems your life from destruction, who crowns you with lovingkindness and tender mercies, who satisfies your mouth with good things.*

Psalm 103:1-5 NKJV

1. \_\_\_\_\_

*Who forgives all your iniquities (v. 3a)*

2. \_\_\_\_\_

*Who heals all your diseases (v. 3b)*

3. \_\_\_\_\_

*Who redeems your life from destruction (v. 4a)*

4. \_\_\_\_\_

*Who crowns you with lovingkindness (v. 4b)*

5. \_\_\_\_\_

*Who satisfies your mouth with good things (v. 5a)*

“To be grateful is to recognize the Love of God in everything He has given us – and He has given us everything. Every breath we draw is a gift of His love, every moment of existence is a grace, for it brings with it immense graces from Him. Gratitude therefore takes nothing for granted, is never unresponsive, is constantly awakening to new wonder and to praise of the goodness of God. For the grateful person knows that God is good, not by hearsay but by experience. And that is what makes all the difference.” – Thomas Merton

*Let us give thanks all the time to God through Jesus Christ. Our gift to him is to give thanks. Our lips should always give thanks to his name.* Hebrews 13:15 NLV