



CAN'T STOP. WON'T STOP.

Living Life in View of the Big Picture

#npcantstopwontstop

Week 2
2 of 4

September 16, 2018

Bottom Line: Resilient people have a big perspective on life.

Icebreaker: If you were a superhero, who would you be and why? What super power would you most desire to have?

Key Verse: *Where there is no vision [no revelation of God and his word], the people are unrestrained; but happy and blessed is he who keeps the law [of God].* Proverbs 29:18 AMP

King Solomon believed that resilient people have a big perspective on life, and those who don't live in chaos. In fact, another translation of his words in Proverbs 29:18 says that people without the big picture perish. We get the big picture and perspective from God and His Word as we discover our purpose. The resilient life results when a person lives in pursuit of his or her purpose not rendered powerless by their problems.

Resilience is a by-product of believing in our core that our days and lives are ordered by the Lord. When you do, you can align your life with a higher purpose and perspective and subsequently thrive, despite the changes of life. You cannot recover from the disappointments and surprises in life unless and until you believe you have a destiny; a purpose greater than the day-to-day routine. Without this core conviction, you will constantly battle fear, frustration, fatigue and failure. There will be nothing in you to provide the "bounce."

When you believe God has a big plan, it is also necessary that you see yourself from His eyes and get your identity from what He says about you. The way you see yourself influences every area of your life. Your identity determines whether or not you will be happy, successful, full of hope, and able to allow God to use you for great things. In short, your identity determines your resilience quotient. When you look to God the Father to define you, not letting the world around you determine your worth, potential, or future, you can face anything and conquer it. Being resilient means having both the capacity to respond positively and the wisdom to make principled choices. When I have God's big perspective on life, I can do that.

THINK IT OVER >>>

What impacted you most from the message Sunday?

What would you say are the major factors that keep people from having a full realization of what they are living for?

"If you want short-term change in your life, focus on your behavior. If you want long-term change, focus on how you think." Discuss.

"Resilient people are always asking themselves the hard questions. Socrates said the unexamined life is not worth living." Discuss

Of the two basic life questions, which has been the hardest for you to answer? Who am I? Do I matter?

How does the answer to each of these affect resilience?

LOOK IT OVER <<<

"Resilient people know who they are. Satan is hard at work using things such as the opinions of others, painful experiences, and even the media to conceal your true identity in Christ. When you settle your identity and see through God's eyes, you restore your true identity that was stolen by hurt, failure, damaged self esteem, and mistakes. Your stress will go down and your resiliency will go up." Have you found this to be true? If so, share.

Vince Lombardi said, "Fatigue makes cowards of us all." How is our resilience affected by exhaustion? What can you do on your Sabbath to restore?

"Continuous repentance is a part of character development and resilience. Repentance is the regular acknowledgment of all that is broken within me and needs fixing." Do you believe you can have strong character without becoming more resilient? Explain your answer.

NEXT STEPS

This week consider taking some next steps together as a group:

Ask yourself two questions and share with one other member of the group:

- What do I want to be known for?
- What do I value?

EVALUATION/ACTION

Realizing and reaching your full potential in Christ

Bottom Line: Resilient people have a big perspective on life.

Rate yourself from 1 to 10 1 (never), 10 (always)	1	2	3	4		6	7	8	9	10
Why did you give yourself this rating?										
What benefits will you obtain by raising your rating?										
Do you know someone who demonstrates this bottom line well? What do you admire about that person?										
What specific action can you put into practice to raise your rating?										
At the end of this week, reflect - where did you see the bottom line show up in your actions throughout the week?										

PRAYER

List group members and their prayer requests for this week:

DAILY STUDY

Want to dig deeper? Check out **The Daily** this week at newpointe.org/daily:

Monday: Ecclesiastes 7:14

Tuesday: Romans 5:3-5

Wednesday: 2 Corinthians 4:8-9

Thursday: Matthew 7:24-27

Friday: 2 Corinthians 4:11-18

Don't let the conversation stop here. Keep talking it over with others throughout the week.
(Don't forget to bring this paper to your next small group meeting)