

It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control your own body in a way that is holy and honorable, not in passionate lust like the pagans, who do not know God; and that in this matter no one should wrong or take advantage of a brother or sister. The Lord will punish all those who commit such sins, as we told you and warned you before. For God did not call us to be impure, but to live a holy life. Therefore, anyone who rejects this instruction does not reject a human being but God, the very God who gives you his Holy Spirit.

1 Thessalonians 4:3-8 NIV

1. _____ God daily and passionately.

O God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water. Your unfailing love is better than life itself. You satisfy me more than the richest feast. Psalm 63:1-5

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Matthew 5:6 RSV

2. _____ opportunities.

Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies. 1 Corinthians 6:18-20 NIV

3. _____ yourself accountable.

Faithful are the wounds of a friend; but the kisses of an enemy are deceitful. Proverbs 27:6 KJB

4. _____ a healthy sexuality.

Now, getting down to the questions you asked in your letter to me. First, is it a good thing to have sexual relations? Certainly—but only within a certain context. It's good for a man to have a wife, and for a woman to have a husband. Sexual drives are strong, but marriage is strong enough to contain them and provide for a balanced and fulfilling sexual life in a world of sexual disorder. The marriage bed must be a place of mutuality—the husband seeking to satisfy his wife, the wife seeking to satisfy her husband. Marriage is not a place to “stand up for your rights.” Marriage is a decision to serve the other, whether in bed or out. Abstaining from sex is permissible for a period of time if you both agree to it, and if it's for the purposes of prayer and fasting—but only for such times. Then come back together again. Satan has an ingenious way of tempting us when we least expect it. 1 Corinthians 7:1-6 MSG

5. _____ your time with purpose and fulfillment.

The Lord has made everything for his own purposes . . . Proverbs 16:4 NLT

6. _____ your children.

These commandments that I give you today are to be upon your hearts. Impress them on your children. Deuteronomy 6:6-7 NIV

Give yourselves to God . . . Surrender your whole bring to him to be used for righteous purpose. Romans 6:13 TEV

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