

1. \_\_\_\_\_ your old mindset.

*So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed. Ephesians 4:17-19*

**Paul's Observations:**

- No \_\_\_\_\_
- No \_\_\_\_\_
- No \_\_\_\_\_

2. \_\_\_\_\_ your teaching.

*That, however, is not the way of life you learned when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Ephesians 4:20-24*

3. \_\_\_\_\_ words that are unwholesome.

*Do not let any unwholesome talk come out of your mouths . . . Ephesians 4:29a*

4. \_\_\_\_\_ words that are wholesome.

*. . . but only what is helpful for building others up according to their needs, that it may benefit those who listen. Ephesians 4:29b*

5. \_\_\_\_\_ to undermine God.

*And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Ephesians 4:30*

6. \_\_\_\_\_ negative emotions.

*Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Ephesians 4:31*

**Words that . . .**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

\_\_\_\_\_ requires \_\_\_\_\_.

7. \_\_\_\_\_ with kindness, compassion, and forgiveness.

*Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Ephesians 4:32*

*Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God. Ephesians 5:1*

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