

Luke 1:26-38

In the sixth month of Elizabeth's pregnancy, God sent the angel Gabriel to Nazareth, a village in Galilee, to a young virgin girl named Mary. At that time Mary was legally engaged to be married to a man named Joseph, a descendant of King David. Suddenly, the angel appeared to Mary and said, "Greetings, highly favored woman! The Lord is with you!"

Frightened and disturbed by this, Mary wondered what the angel could possibly mean. "Don't be afraid, Mary!" the angel told her. "You have been chosen by God for his purpose."

The angel continued, "You will become pregnant and have a son, and you are to name him Jesus. Your child will be the greatest, the Son of the Most High God! He will sit on David's throne as King forever, and his Kingdom will never end!"

Then Mary asked, "But how is this possible?" I have never slept with a man!" The angel replied, "God's Holy Spirit, and his creative power, will overshadow you. So your baby will be the holy Son of God. It will be a miracle, just as your relative Elizabeth has become pregnant in her old age! For nothing is impossible with God!"

Mary responded, "I am the Lord's servant, and I am willing to accept whatever he wants. May everything you have said come true." And then the angel left her.

How to Overcome the Fear of Inadequacy:

1. _____ how God sees me.

The angel went to her and said, "Greetings, you who are highly favored! The Lord is with you." Luke 1:28

*To the praise of the glory of His grace, by which He made us highly favored (accepted) in the Beloved (Jesus).
Ephesians 1:6*

*"... we urge you not to receive God's grace in vain."
2 Corinthians 6:1*

2. _____ who God is.

Then Mary sang, "With all my heart I praise the Lord! I rejoice in God my Savior, for He notices and cares for me, a simple servant girl! ... He has blessed me, and He is the Mighty One who is holy ... He is All Powerful ... He can do anything ... He meets all our needs ... and He keeps his promises!" Luke 1:46-56 (paraphrase)

3. _____ God's promises.

*Elizabeth said to Mary, "You are blessed because you believed that the Lord would do what he said."
Luke 1:45 NLT*

*I will put my trust in you, I praise God for what he has promised. I trust in God, so why should I be afraid?
Psalm 56:3-4 NIV*

4. _____ to God daily.

Mary responded, "I am the Lord's servant, and I am willing to accept whatever God wants for my life!" Luke 1:38a

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