

*Help, LORD, for no one is faithful anymore; those who are loyal have vanished from the human race. Everyone lies to their neighbor; they flatter with their lips but harbor deception in their hearts. Psalm 12:1-2*

**WHY DO WE LIE?**

| Type  | Motive |
|-------|--------|
| _____ | _____  |
| _____ | _____  |
| _____ | _____  |
| _____ | _____  |
| _____ | _____  |

*Would you like to enjoy life? Do you want long life and happiness? Then keep from speaking evil and from telling lies. Psalm 34:12-13 GNT*

**HOW TO QUIT LYING:**

1. Speak the truth \_\_\_\_\_

*Someone who holds back the truth causes trouble . . . Proverbs 10:10 GNT*

*In the end, people appreciate frankness more than flattery. Proverbs 28:23 TLB*

2. Speak the truth \_\_\_\_\_

*Let our lives lovingly express truth (in all things speaking truly, dealing truly, living truly). Ephesians 4:15 AMP*

*People who can't be trusted are destroyed by their own dishonesty. Proverbs 11:3b GNT*

*Reliable communication permits progress. Proverbs 13:17b TLB*

3. Speak the truth \_\_\_\_\_

*Speak the truth in a spirit of love. Ephesians 4:15a GNT*

*(Speak) only what is helpful for building others up according to their needs, that it may benefit those who listen. Ephesians 4:29 NIV*

4. Speak the truth \_\_\_\_\_

*Thoughtless words can wound as deeply as any sword, but wisely spoken words can heal. Proverbs 12:18 GNT*

*Intelligent people think before they speak. Proverbs 16:23a GNT*

*There is a right time and a right way to do everything. Ecclesiastes 8:6a GNT*

*For the mouth speaks what the heart is full of. Matthew 12:34b GNT*