

4.2.17

Dwight Mason, Lead Pastor

*If you cannot control your anger, you are as helpless as a city without walls, open to attack. Proverbs 25:28 TEV*

**Understanding Anger:**

Anger is \_\_\_\_\_. (Ephesians 4:26)

Anger is something \_\_\_\_\_.

Anger is \_\_\_\_\_. (James 1:19-20)

Anger is \_\_\_\_\_. (Proverbs 22:24)

Anger is a \_\_\_\_\_. (Matt. 7:1-6)

Anger has \_\_\_\_\_. (Matt. 5:22)

Anger is a \_\_\_\_\_. (James 1:4)

**Four Sources of Anger:**

*Let perseverance finish its work so that you may be mature and complete, not lacking anything. James 1:4*

1. \_\_\_\_\_: Your \_\_\_\_\_ is wounded.

Issue: \_\_\_\_\_

2. \_\_\_\_\_: Your \_\_\_\_\_ is violated.

Issue: \_\_\_\_\_

3. \_\_\_\_\_: Your \_\_\_\_\_ is threatened.

Issue: \_\_\_\_\_

4. \_\_\_\_\_: Your \_\_\_\_\_ is not accepted.

Issue: \_\_\_\_\_

*The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail. Isaiah 58:11*