

Jesus: *"I have come that you might have life, and life to the fullest."* John 10:10

You made my whole being; you formed me in my mother's body. I praise you because you made me in an amazing and wonderful way . . . You saw my bones being formed as I took shape in my mother's body. When I was put together there, you saw my body as it was formed. All the days planned for me were written in your book before I was one day old. Psalm 139:13-16 NCV

Your hands formed and shaped me . . . Job 10:8a GNT

WHAT IS YOUR SHAPE?

- S** – _____
- H** – _____
- A** – _____
- P** – _____
- E** – _____

WHY SHOULD I CARE?

1. It reduces _____
2. It produces _____
3. It increases _____
4. It deepens _____
5. It builds _____

HOW SHOULD I RESPOND TO MY SHAPE?

- _____
- _____
- _____