

Train to Go the Distance Dwight Mason, Lead Pastor

September 30, 2018 CAN'T STOP. WON'T STOP. (Week 4 of 4)

Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. 1 Corinthians 9:24-25 NIV

The Key: \_\_\_\_\_

Discipline is the \_\_\_\_\_ between goals and accomplishments.

For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it. Hebrews 12:11 ESV

1. Keep yourself \_\_\_\_\_\_.

Physical training is of some value . . . 1 Timothy 4:8 NIV

2. Grow and develop a \_\_\_\_\_\_\_

For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2 Timothy 1:7 NKJV

3. Manage your \_\_\_\_\_.

Like a city whose walls are broken through is a person who lacks self-control. Proverbs 25:28 NIV

4. Confront your \_\_\_\_\_.

... clothe yourselves with humility toward one another, because, "God opposes the proud but shows favor to the humble." Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 1 Peter 5:5-7 NIV

5. Develop strong \_\_\_\_\_\_.

Let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing. Hebrews 10:24-25a NIV

6. Connect with \_\_\_\_\_ daily.

Have you never heard? Have you never understood? The LORD is the everlasting God, the Creator of all the earth. He never grows weak or weary. No one can measure the depths of his understanding. He gives power to the weak and strength to the powerless. Even youths will become weak and tired, and young men will fall in exhaustion. But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint. Isaiah 40:28-31 NLT

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Galatians 6:9 NIV

Want to connect with God through the Scriptures and dig deeper into this week's message? Check out The Daily at newpointe.org/daily.