

TALK IT OVER

Are You Well?

BOTTOM LINE

Spiritual well-being begins by diagnosing our sickness.

CONVERSATION STARTER

What was your common or most creative reason for a “sick day” or playing “hooky” during school? Or was it important to you to have a perfect attendance record?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily: newpointe.org/thedaily
- [Parable of Forgiveness](#) video of Luke 7:36-50 (3:31 min)

KEY VERSES AND QUOTES

Jesus answered them, “It is not the healthy who need a doctor, but the sick.” Luke 5:31 NIV

Then he turned toward the woman and said to Simon, “Do you see this woman? I came into your house. You did not give me any water for my feet, but she wet my feet with her tears and wiped them with her hair. You did not give me a kiss, but this woman, from the time I entered, has not stopped kissing my feet. You did not put oil on my head, but she has poured perfume on my feet. Therefore, I tell you, her many sins have been forgiven – as her great love has shown. But whoever has been forgiven little loves little.” Luke 7:44-47 NIV

“Before Jesus can make you well, you must realize you are sick – truth be told, WAY sicker than you actually believe to be possible. Many people who hit rock bottom in life have the easiest on-ramp to life with Jesus because they have experienced all the painful symptoms of just how sick they are.” – Dave VanDonge

“The word the Bible uses most often to describe our sickness is the word SIN. Sin is any thought, action, or inaction that falls short of God’s holiness/righteousness.” – Dave VanDonge

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You must realize how sick you are before Jesus can help you. Why do you suppose it is so hard for most of us to realize and accept how much sin and its collateral damage affects us and the world around us? Safeguarding our spiritual life is an ongoing process and responsibility. When you are “limping through life, is it usually from DENIAL and self-sufficiency or from NEGLECT? Discuss. What does it mean to want to be around Jesus without being *for* Jesus? How is that spiritual sickness? How do you see Simon? Mary was sorry and repented. Why is this necessary for spiritual health? How is repentance part of a healthy spiritual lifestyle? Mary was deeply devoted. She would rather be with Jesus than anywhere else. What most threatens your devotion? Your spiritual health is determined by your experience of God’s forgiveness. Share your experience.

ACTION STEP

I will open my heart to experience true spiritual health by taking these steps regularly: _____