



THIS IS US

The Basics of You

#nptthisisus

Week 2

2 of 4

February 21, 2021

Bottom Line: The key to healthy relationships with yourself, others (including the church body), and God is to understand how

God has designed you and others.

Icebreaker: Which member of your family are you most like? Which are you most unlike? In what ways? Is there anyone you consider your “mini-me”?

Key Verse: “If you continue to obey my teaching, you are truly my followers. Then you will know the truth, and the truth will set you free.” John 8:31-32 NCV

God is a great designer. The more we see how He has fashioned His design together, the better able we are to understand why we all do and think the way we do. There is no truly knowing God or others without knowing yourself. In that process the enneagram is a helpful tool to help us tap into who we are created to be. We discover which of the 9 basic types of persons we are. Each type has a different way of seeing life, a different motivation. None is better than the other. **1-The Reformer.** Ethical, dedicated, reliable, meticulous, morally heroic. Motivated by the need to live the right way. Decision-making: *What’s the principled thing to do?* **2-The Helper.** Warm, caring, giving. Motivated by a need to be loved and needed but avoid acknowledging their own needs. Decision-making: *Will this decision negatively impact other people?* **3-The Achiever.** Success-oriented, image-conscious, wired for productivity. Motivated by a need to succeed, appear successful, avoid failure at all costs. Decision-making: *What’s the most efficient choice?* **4-The Individualist.** Creative, sensitive, emotional. Motivated by a need to be understood, and the desire to be special and unique. Decision-making: *Which direction is my intuition telling me to go?* **5-The Investigator.** Analytical, detached, very private. Motivated by a need to gain knowledge, conserve energy, avoid relying on others. Decision-making: *What do the facts and data say?* **6- The Loyalist.** Committed, practical, witty. Motivated by fear of worst-case-scenario and the need for security, safety, support. Decision-making: *Which decision involves the least risk?* **7-The Enthusiast.** Fun, spontaneous, adventurous. Motivated by a need to be happy, plan stimulating experiences, avoid pain. Decision-making: *Do I have multiple options for all possible decisions?* **8-The Challenger.** Commanding, intense, at times confrontational. Motivated by a need to assert strength and control. Decision-making: *How can I solve this problem quickly and decisively?* **9-The Peacemaker.** Pleasant, laid back, accommodating. Motivated by a need to keep the peace and avoid conflict at all costs. Decision-making: *Based on the feedback I’ve received, this is the direction we’re going to move.* **This is not about who you want to be, but who you are. God has made us each unique in our own special way, but what He really desires is that each of those pieces come together, work together, and love one another.**

THINK IT OVER >>>

What was the most significant part of Sunday’s message to you?

Initially, do you find the enneagram to be helpful or confusing? Explain why.

How would you rate yourself on self-awareness—knowing who you are and why you do what you do?

There is no deep knowing of God without a deep knowing of self. There is no deep knowing of self without a deep knowing of God. Reflect and discuss.

You can’t put off your old self and put on the new self as God says to do unless you are in touch with yourself. How do we give up the illusions about ourselves and embrace the truth?

The goal is to know yourself in light of the truth so that you can quit being who you shouldn’t be and fully embrace who you are. Where do you think you are on this journey?

LOOK IT OVER >>>

In order to become the best version of ourselves, we have to be willing to uncover and deal with the “sin that so easily entangles us.” The enneagram helps us uncover it. Are you aware of your greatest temptations? What do they tell you about yourself?

Folks often say, “You are the sum total of the decisions you make,” but what that statement fails to recognize is the thing that motivates you to make the decisions you make. Counselors recognize that people are often willing to deal with the “presenting problem,” like anger, but are unwilling to deal with what motivates and underlies it. But to be the person God created us to be, we must. Reflect and discuss.

Which type do you believe best represents who you are? Share.

How do you see you and the people in your family and circle benefitting by you understanding how God created you and understanding their personalities too?

NEXT STEPS

1. Think through the types and take a look at your findings.
2. Evaluate where you think you are.
3. Pray all week for God to illuminate your understanding, and choose to become who you have been created to be.

EVALUATION/ACTION

Realizing and reaching your full potential in Christ

Bottom Line: The key to healthy relationships with yourself, others (including the church body), and God is to understand how God has designed you and others.

Rate yourself from 1 to 10 1 (never), 10 (always)	1	2	3	4		6	7	8	9	10
Why did you give yourself this rating?										
What benefits will you obtain by raising your rating?										
Do you know someone who demonstrates this bottom line well? What do you admire about that person?										
What specific action can you put into practice to raise your rating?										
At the end of this week, reflect - where did you see the bottom line show up in your actions throughout the week?										

PRAYER

List group members and their prayer requests for this week:

DAILY STUDY

Want to dig deeper? Check out **The Daily** this week at newpointe.org/daily:

Monday: Psalm 133:1

Tuesday: Hebrews 12:14

Wednesday: 2 Corinthians 3:17-18

Thursday: Philippians 4:8

Friday: Romans 12:1-2

Don't let the conversation stop here. Keep talking it over with others throughout the week.

(Don't forget to bring this paper to your next small group meeting)