

Managing Your Mind Dwight Mason, Lead Pastor

September 18, 2022

It Comes in Waves (Week 2 of 3)

So brothers and sisters, since God has shown us great mercy, I beg you to offer your lives as a living sacrifice to him. Your offering must be only for God and pleasing to him, which is the spiritual way for you to worship. Romans 12:1 NCV

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. Romans 12:2 NLT

Why I Must Manage My Mind

1. My thoughts _____ my life.

	Be careful how you think; your life is shaped by your thoughts. Proverbs 4:23 GNT
2.	It's the key to
	If your sinful nature controls your mind, there is death. But if the Holy Spirit controls your mind, there is life and peace. Romans 8:6 NLT
l m	ust choose to
1.	Fill my mind with
	Blessed is the one whose delight is in the law of the LORD, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. Psalm 1:1, 3 NIV
2.	Eliminate thoughts.

Three Enemies

The world's
All that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of this world. 1 John 2:16 NKJV
Though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. [Our weapons] have divine power to demolish strongholds. We demolish any argument and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:3-5 NIV
A "stronghold"
Focus on the
Whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtuand if there is anything praiseworthy—meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you. Philippians 4:8-9 NKJV
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