

TALK IT OVER

Walk in the Spirit

BOTTOM LINE

Walking in the Spirit is about a relationship, not a formula.

CONVERSATION STARTER

Are you an early bird or a night owl?
How do your mornings usually begin?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily: newpointe.org/thedaily
- [Walking in the Spirit](#) by Dr. Charles Stanley

VERSES AND QUOTES

I will ask the Father, and he will give you another Helper, to be with you forever. John 14:16 ESV

In the morning, Lord, you hear my voice. Psalm 5:3 NIV

Why all this vicious gnawing on each other? If you are not careful, you will find you've eaten each other alive! Here's my instruction: walk in the Spirit, and let the Spirit bring order to your life. If you do, you will never give in to your selfish and sinful cravings. For everything the flesh desires goes against the Spirit, and everything the Spirit desires goes against the flesh. There is a constant battle raging between them that prevents you from doing the good you want to do. Galatians 5:15-17 VOICE

So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace. Romans 8:6 NLT

"Fruit is the evidence of the Spirit. Gifts are the assignment."

"The first voice you hear often shapes the atmosphere you carry."

"Walking in the Spirit is less about a feeling and more about an intention."

"There is a difference between inviting God to join your plans and asking Him to direct your steps."

"Yesterday's filling will not sustain today's obedience."

"The flesh wants control. The Spirit produces surrender."

"Spiritual maturity is not how powerful your gift is, it's how strong your love is."
– Quotes by Dwight Mason

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The Holy Spirit is to be to us what Jesus Himself was to His disciples when He was here in the flesh on earth. What does that mean for your everyday life? Fruit answers the question, "Who am I becoming in Christ?" Gifts answer the question, "What has He called me to do?" How have you come to answer those questions? In the morning, we also need to wake up spiritually. Do you sense that God's voice is the first you hear in the morning and the first you seek? How could you improve aligning your heart before the world starts pulling on it? Jesus said that apart from Him we can do nothing, So we have to 1) Intentionally **depend** on the Spirit. How? 2) **Yield** to the Spirit. What is the difference between depending and yielding? 3) Be **continually filled**. What is my part and God's part? 4) **Say no to the flesh**. How is this saying "yes" to something better? 5) **Obey the promptings**. How do you recognize them? What are the results in your life?

ACTION STEP

The Holy Spirit is here to guide me and walk with me. I will work with Him to align my heart fully with His to live fully filled and empowered. I will start with ... _____