



TALK IT OVER

Your Most Important Ability

BOTTOM LINE

I am responsible for the health and development of my relationships.

CONVERSATION STARTER

What fictional family do you think you could join and why? Or, if you could eliminate one thing from your daily responsibilities, what would it be and why?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily:
newpointe.org/thedaily
- A 6½ minute course from Dr. Henry Cloud on [How to Set Boundaries](#).

KEY VERSES AND QUOTES

Live life, then, with a due sense of responsibility, not as men who do not know the meaning and purpose of life but as those who do.
Ephesians 5:15 PHILLIPS

When I became a man, I put the ways of childhood behind me.
1 Corinthians 13:11b NIV

I'm giving you a new commandment: Love each other in the same way that I have loved you. John 13:34 GW

Accept one another, then, just as Christ accepted you. Romans 15:7 NIV

“Responsibility is your ability to respond to life. It’s what makes you human—and it’s a gift from God. Much of your life hasn’t been in your control. You didn’t choose where you would be born. You didn’t choose who your parents would be. You didn’t choose how your parents would raise you. You didn’t choose the unique gifts and talents you would bring into the world. *Responsibility is how you handle everything else.*”
– Dwight Mason

“Nothing is sustainable without boundaries. The only people who get upset when you set/enforce boundaries are the ones who benefited from you not having any.” – Dwight Mason

TALK IT OVER

How do you see a lack of responsibility as in opposition to God’s purpose for life? How is it true that health in relationships begins with you? *Part of growing up is taking responsibility for yourself.* Discuss. How has Jesus accepted you? How does that translate to others? How is acceptance different than approval? How is value shown by service? *It is unkind to be unclear or not have boundaries.* Discuss why and how. How does a person gain trust? How does a person regain lost trust?

ACTION STEPS (This or one of your own)

I will take responsibility for the health of the relationships in my life. I will begin this week by communicating _____ to _____.

My Action Step: _____