



TALK IT OVER

Spirit Filled

BOTTOM LINE

You can be Spirit filled.

CONVERSATION STARTER

What favorite food/drink do you crave on a cold day?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily:
newpointe.org/thedaily
- [A Spirit-Filled Life](#) by Francis Chan (6 min.)

VERSES AND QUOTES

For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. Romans 8:6 ESV

Brothers and sisters, I could not address you as people who live by the Spirit but as people who are still worldly—mere infants in Christ. You are still worldly. For since there is jealousy and quarreling among you, are you not worldly? Are you not acting like mere humans?

1 Corinthians 3:1, 3 NIV

*Do not get drunk on wine, which leads to debauchery. Instead, **be filled with the Spirit**, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything. Ephesians 5:18-21 NIV*

“Christianity is not hard – it is impossible. Impossible, that is, without power beyond ourselves.” – Dwight Mason

“Trying to live the Christian life in your own strength is like trying to cut down a forest with a pocketknife. You might make a little progress, but eventually you will be exhausted, frustrated, and defeated.”

– Dwight Mason

TALK IT OVER

Explain and discuss the difference between a natural person, a carnal person, and a spiritual person. What are the distinguishing characteristics of each? To be filled with the Spirit is not a suggestion, it is a command. This can be hard to understand because we cannot do it for ourselves. It is to be received, not achieved. Discuss. Being filled with the Spirit is not a one-time experience. It must happen again and again. Why? It is a daily control by the Spirit, not self-control, and our capacity for the Spirit's filling should increase, the longer we are Christians. How is that happening in your experience? The question is not “does God want to fill me?” but “Do I want to be filled?” I must first **desire** to be filled and then **denounce** sinning. What does that mean? Then I **dedicate** myself fully to God. What does that mean? The Spirit fills what we yield. How do you identify unyielded areas? **Depend** daily on the Spirit. How do you consciously do that? Read Ephesians 4:19. Paul identifies four ways we know that we are filled with the Spirit – our speaking, our joy, our gratitude, and our submission. Being Spirit filled is not mystical or emotional hype, it is daily surrender. How does this illuminate or change what you have thought?

ACTION STEP

I will sit with the Spirit and identify with God on how my life can be more Spirit led. _____