

# TALK IT OVER

He Gets Our Hopelessness

## BOTTOM LINE

Hope is a person.

## CONVERSATION STARTER

What's your favorite Easter candy?  
A favorite Easter memory before age 18?

## THINGS TO CONSIDER

*What did you hear?*  
*What do you think?*  
*What will you do?*

## RESOURCES

- The Daily:  
[newpointe.org/thedaily](http://newpointe.org/thedaily)
- [Hope in the Storm](#) - 13 min.  
video about hope anchored in Jesus

## KEY VERSES AND QUOTES

*For we do not have a High Priest who is unable to sympathize and understand our weaknesses and temptations, but One who has been tempted [knowing exactly how it feels to be human] in every respect as we are, yet without [committing any] sin. Hebrews 4:15 AMP*

*Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. John 20:1-2 NIV*

*May the God of hope fill you with all joy and peace in believing [through the experience of your faith] that by the power of the Holy Spirit you will abound in hope and overflow with confidence in His promises. Romans 15:13 AMP*

“A person can live 40 days without food, 3 days without water, 3 minutes without air. But you can't live a single second without hope.” – Dwight Mason

“Hope is the confident expectation that something good is going to happen.” – Dwight Mason

“Jesus came to live a life that none of us are capable of living, and then empowered us to do life.” – Dwight Mason

## TALK IT OVER

Where do you see evidence of hopelessness in our world? If you have a battle with hopelessness, what motivates it? Hope doesn't make everything right, but it empowers us to go on another day. Discuss. When and how have you experienced this? Read and discuss Hebrews 4:15. What does it mean to you that He has experienced life and temptation “in every respect” that you experience? When Mary entered the tomb, she assumed Jesus was not only dead but His body was gone too, and she was overcome with hopelessness. God's silence does not mean His absence. Discuss. Jesus got her – He understood. How did Jesus speak hope into her situation? How does sharing with others increase hope? Hope must always be anchored in a person, and that person is Jesus. How did/does Jesus speak hope into YOUR life? Describe how you recognize the presence of Jesus. What does it mean to rely on the power that raised Jesus from the dead? How do you personally keep your mind focused on the promise of Jesus that your future is secure? Today, Easter 2024, how is the hope found in the Risen Jesus transforming your life? With whom are you sharing this good news?

## ACTION STEP

I will focus on the Risen Jesus and His promise. I will share the hope and security I have found with \_\_\_\_\_ by taking this step with hope and confidence: \_\_\_\_\_