

TALK IT OVER

Faith—The Antidote to Fear

BOTTOM LINE

Faith doesn't deny fear – it decides who is in control.

CONVERSATION STARTER

What's your favorite miracle in the Bible?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily:
newpointe.org/thedaily
- [Faith over Fear](#)
Motivation from Charles Stanley, Robert Madu, & Rick Warren (3:42 min.)

KEY VERSES AND QUOTES

... Jesus was sleeping. The disciples went and woke him, saying, "Lord, save us! We're going to drown!" He replied, "You of little faith, why are you so afraid?" Then he got up and rebuked the winds and the waves, and it was completely calm. The men were amazed and asked, "What kind of man is this? Even the winds and the waves obey him!" Matthew 8:24-27 NIV

When the disciples saw Jesus walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear. But Jesus immediately said to them: "Take courage! It is I. Don't be afraid." "Lord, if it's you," Peter replied, "tell me to come to you on the water." "Come," he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?" And when they climbed into the boat, the wind died down. Then those who were in the boat worshiped him, saying, "Truly you are the Son of God." Matthew 14:26-33 NIV

"The God who created time doesn't panic." – Dwight Mason

"Fear focuses on circumstances; faith focuses on God." – Dwight Mason

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Fear is the by-product of our ability to accumulate knowledge and project into the future. How does that apply to your experience? How does fear rob us? Jesus was always preparing His disciples to conquer fear. Why did He ask them why they were afraid? If Jesus asked you today why you are afraid, what would you answer? The question they asked is the greatest and most important one we all need to ask: "What kind of man is this?" What do you think was their answer? What is yours? After Jesus calmed the sea, their fear of whose presence they were in was greater than their fear of the storm. Discuss. What was the progression of thoughts Peter must have had from stepping into the water until starting to sink? How does fear typically overcome your faith? Jesus came to introduce a faith so big that fear would lose its grip. How is that happening in you? Faith isn't the absence of fear – it is obedience in spite of fear. Where is Jesus calling you to obey and walk on water?

ACTION STEP

God is asking me to step out in faith in this area: _____

I will step out in faith now by _____