

And Jesus grew in wisdom and stature, and in favor with God and man. Luke 2:52 NIV

If nothing _____, nothing _____!

“I have the right to do anything,” you say—but not everything is beneficial. “I have the right to do anything”—but I will not be mastered by anything. 1 Corinthians 6:12 NIV

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies. 1 Corinthians 6:19-20 NIV

3 Ways I Honor God with My Body

1. _____

2. What I _____

3. _____

Sabbath is a resistance to _____
and _____.

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”
Matthew 11:28-30 NIV*

Challenge

- _____
- Honor the _____