

TALK IT OVER

He Gets My Fear

BOTTOM LINE

The fear of the Lord reduces all other fears to their appropriate place.

CONVERSATION STARTER

What's your most irrational or ridiculous fear? Or, when someone pranks you by scaring you badly, what's your reaction – laughter or anger?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily: newpointe.org/thedaily
- [It's Time to Face Your Fears](#) by Erwin McManus (10 min.)

KEY VERSES AND QUOTES

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are – yet he did not sin. Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. Hebrews 4:15-17 NIV

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. 2 Timothy 1:7 NLT

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. 1 John 4:18 NIV

“The best way to overcome fear is to fight fear with fear.”

“The challenge for us is that we overestimate evil and we underestimate God.”

“Often on the other side of our fears we experience God's love in a much deeper way.” – Quotes by Dave VanDonge

TALK IT OVER

What fear have you experienced that you've overcome? What fear regularly stalks you today? Explain what it means to fight fear with fear. Though each can be appropriate initially, the right response to fear is not caution or courage – it is confidence. Confidence in what? Fear is driven by loss – think of the thing you fear most. What is the possible loss that drives the fear? Three big losses we fear are safety, security, and purpose. What antidotes does Jesus give us for those fears? When fear grips you, face it. Don't run FROM it; run THROUGH it. How do you do that? The right fear is the fear of the Lord – knowing and embracing His true identity. Who is Jesus? When we recognize who He truly is, we see that He is not a PART of our life, He IS our Life! How does that impact the domination of fear in your life? When we are controlled by fear, we are overestimating evil and underestimating Jesus. How can you change that currently? When we face our fears, we experience God's love in a deeper and more pure sense. How have you found that to be true? When we are free of fear, we can love others more deeply and purely. Discuss.

ACTION STEP

I will always be crippled by fear until my fear of God is bigger than any other. I will face my fear of _____ and embrace God's power and love for me by _____