

*I do not understand what I do. For what I want to do I do not do, but what I hate I do... For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing.*

Romans 7:15,18-19 NIV

*You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.* Ephesians 4:22-24 NIV

### Two Selves:

- \_\_\_\_\_ self

Jesus: *“For whoever wants to save their life will lose it, but whoever loses their life for me will find it.”* Matthew 16:25 NIV

- \_\_\_\_\_ self

Jesus: *“Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit.”* John 12:24 NASB

### The Fruit:

- Self-\_\_\_\_\_
- Self-\_\_\_\_\_
- Self-\_\_\_\_\_

Jesus: *“If anyone wants to come after Me, he must deny himself, take up his cross daily, and follow Me. For whoever wants to save his life will lose it, but whoever loses his life for My sake, this is the one who will save it. For what good does it do a person if he gains the whole world, but loses or forfeits himself?”*

Luke 9:23-25 NASB

### Three Invitations:

1. \_\_\_\_\_ yourself.

*Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own. You were bought at a price. Therefore, honor God with your bodies.* 1 Corinthians 6:19-20 NIV

2. \_\_\_\_\_ your cross daily.

*We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. For when we died with Christ we were set free from the power of sin. And since we died with Christ, we know we will also live with him... So you also should consider yourselves to be dead to the power of sin and alive to God through Christ Jesus.* Romans 6:6-8,11 NLT

3. \_\_\_\_\_ Me.

*You must have the same attitude that Christ Jesus had.* Philippians 2:5 NLT

Resources: Marilyn Vancil, Suzanne Stabile, Christopher L. Heuertz, David Daniels, Virginia Price, Michael Magus

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