



TALK IT OVER

What Did You Say?

BOTTOM LINE

To personally experience God's kingdom on earth we must be free from negative, critical, and hurtful words.

CONVERSATION STARTER

Choose a word that comes to mind when you think of your first schoolteacher. What is a word you hope comes to mind when others think about you?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily: [newpointeorg/daily](https://newpointeorg.com/daily)
- [5 Simple Questions to Ask BEFORE You Speak](#) – A 2-minute read on T.H.I.N.K before you speak.

KEY VERSES AND QUOTES

People will be rewarded for what they say; they will be rewarded by how they speak. What you say can mean life or death. Those who speak with care will be rewarded. Proverbs 18:20-21 NCV

Do everything without complaining or arguing, so that you may become blameless and pure, "children of God without fault in a warped and crooked generation." Then you will shine among them like stars in the sky. Philippians 2:14-15 NIV

A gossip betrays a confidence, but a trustworthy person keeps a secret. Proverbs 11:13 NIV

Take control of what I say, O Lord, and guard my lips. Do not let me drift toward evil or take part in acts of wickedness. Psalm 141:3-4 NLT

"Negative words affect us to the point that they eventually become negative self-talk." – Dwight Mason

"Complaining is ultimately accusing God." – Dwight Mason

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"Our lives are the fruit of the word seeds that have been sown into us." Agree or disagree? Discuss. How have you seen that truth in your own life for good or bad? "Gossip is talking about a situation with someone who is neither the problem nor a part of the solution." How is this harmful? Why/how do we defend it in ourselves? Why is it hard in general to admit we have a problem with our speech? What will it mean for me to take responsibility for correcting my speech? How does a lack of gratitude affect my relationship with God and people? How does it affect my speech? God's will for me is to be grateful. How can I let that impact my life?

ACTION STEPS (This or one of your own)

I admit I have a problem with my speech, specifically _____.
I take responsibility with God to change my input and output and will daily focus on gratitude. I will be accountable to _____ for regular evaluation.

My Action Step: _____