

# TALK IT OVER

Contentment

## BOTTOM LINE

Contentment is not natural.  
It is learned.

## CONVERSATION STARTER

If your house was burning down, the people were all safe, and you had time to take two things with you, what would they be?

## THINGS TO CONSIDER

*What did you hear?*

*What do you think?*

*What will you do?*

## RESOURCES

- The Daily: [newpointe.org/thedaily](https://newpointe.org/thedaily)
- [A Short Prayer for Contentment in Christ](#) (2 min.)

## KEY VERSES AND QUOTES

*Yet true godliness with contentment is itself great wealth. After all, we brought nothing with us when we came into the world, and we can't take anything with us when we leave it. So if we have enough food and clothing, let us be content. But people who long to be rich fall into temptation and are trapped by many foolish and harmful desires that plunge them into ruin and destruction. For the love of money is the root of all kinds of evil. And some people, craving money, have wandered from the true faith and pierced themselves with many sorrows.*

1 Timothy 6:6-11 NLT

*Teach those who are rich in this world not to be proud and not to trust in their money, which is so unreliable. Their trust should be in God, who richly gives us all we need for our enjoyment. Tell them to use their money to do good. They should be rich in good works and generous to those in need, always being ready to share with others. By doing this they will be storing up their treasure as a good foundation for the future so that they may experience true life.* 1 Timothy 6:17-19 NLT

“When you leave this world, will the world have gained anything because you were here? Or will you just leave stuff?”

“God doesn't care if you have stuff. He doesn't want stuff to have you.”

“Contentment is found by redirecting your purpose.”

– Quotes by Dwight Mason

## TALK IT OVER

If contentment means you don't need more than what you have to be satisfied, and awareness of what we don't have fuels discontent, what is most likely to stir discontent in you? What's the difference between productive discontent and dangerous discontent? How can putting other people and their needs first improve contentment for you? What does the love of money look like? What examples can you remember when discontent around finances caused the “love of money to pierce you” with sorrows? In our material world, what can you do to have a contented heart? Discuss: You were most lovable when you couldn't give anything. You were cherished and valued when you owned nothing. How frequently do you remember that you are leaving everything material behind on an unknown date? Does that affect you? How? What can you do to refocus on what's most important?

## ACTION STEP

I will refocus my awareness on the “life that is truly life,” embrace contentment, and pursue godliness: \_\_\_\_\_