

TALK IT OVER

Changing My Approach

BOTTOM LINE

Giving up my rights and taking up my responsibilities.

CONVERSATION STARTER

What was your closest relationship when you were 15?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily:
newpointe.org/thedaily
- [Loving Your Spouse](#) by Andy Stanley (32 min.)

KEY VERSES AND QUOTES

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death – even death on a cross! Philippians 2:3-8 NIV

“Humility is a personal, internal decision we must choose to live out.”

“Every time Jesus showed up in the room, He was the most important person there. Yet He never leveraged it for His advantage.”

“At some point in your relationship you are going to have to decide, ‘Will I submit and surrender, or am I going to insist on my way?’”

– Quotes by Dwight Mason

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Almost everyone in relational trouble says they are desperate for the marriage they want, not the marriage they have. But learning that this requires giving up their rights and picking up their responsibilities kills their enthusiasm. Why is that so hard? Jesus said we are to take our cues from Him on loving. What models do people follow instead? Paul shares from Jesus that love requires **taking non-competitive interest in the interests of the other**. What does that look like practically? **Valuing the other means deferring and treating the other as more important than you**. What does that look like and why is it difficult? Does it seem weird to have a sense of awe about your mate? Have you ever felt awe about another person? Explain. How did it affect the relationship? Jesus exemplified **humility for us by making our needs and deal his deal**. Jesus teaches us to **value relationship over personal respect**. What difference does that make in your relationship? How can you follow Jesus better in this way?

ACTION STEP

I will work with God to identify where I prioritize my rights over my responsibilities and my needs over those of other people in my life. I will humble myself by surrender and submission: _____