



TALK IT OVER

Words Are Powerful

BOTTOM LINE

The tongue has the power of life and death, and you eat the fruit.

CONVERSATION STARTER

What is something random or superstitious you heard before you were 18 years old that you still remember? What if any impact did it have on your life?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily: newpointe.org/daily
- One minute with Andy Stanley on [The Weight of Your Words](#)

KEY VERSES AND QUOTES

The tongue has the power of life and death, and those who love it will eat its fruit. Proverbs 18:21 NIV

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it. John 1:1-5 NIV

For whatever is in your heart determines what you say. Matthew 12:34 NLT

Set a guard over my mouth, Lord; keep watch over the door of my lips. Psalm 141:3 NIV

“Jesus says in Matthew 12:36-37 that every careless word will come back to haunt you. There will be a time of reckoning. Words are powerful; take them seriously. Words can be your salvation. Words can also be your damnation.” – Dwight Mason

“Words are the tools God uses to bring life where there is death and light where there is darkness.” – Dwight Mason

TALK IT OVER

What instance can you share of words that spoke life to you? Who spoke it to you? Is there a sharp memory of someone who spoke death to you? How did you feel? God uses words to speak to us. How has God spoken life to you? A person? Scripture? If my words reveal my heart, changing requires a new heart. How does that happen? What kind of help do you personally need from God? How can you get it? How can you be sure you are quick to listen and slow to speak? Reflecting on your words over the past week, in what situations do you believe you are most likely to bring death with your words? What do you need to do to change that?

ACTION STEPS (This or one of your own)

I will intentionally evaluate what my words say about the state of my heart. I will pray daily each morning for God to help me be quick to listen and slow to speak. I will evaluate my day and the words I spoke before bed each evening and deliberately take steps to heal any harm or hurt I gave.

My Action Step: _____