

December 13, 2020

Life Is Complicated. (Week 14)
We Can Help.

Above all else guard your heart, for everything you do flows from it. Proverbs 4:23 NIV

God's Design for Relationships:

In your relationships with one another, have the same mindset as Christ Jesus. Philippians 2:5 NIV

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth. John 1:14 NIV

- _____

Be kind and compassionate to one another.
Ephesians 4:32

- _____

Instead, we will speak the truth in love, growing in every way more and more like Christ... Ephesians 4:15 NLT

We need boundaries for...

- People who are out of _____

Let us conduct ourselves properly and honorably as in the [light of] day, not in carousing and drunkenness, not in sexual promiscuity and irresponsibility, not in quarreling and jealousy. Romans 13:13 AMP

- People who are _____

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1

Skills for Establishing Boundaries:

1. Refuse to _____.

A man of great anger will bear the penalty [for his quick temper and lack of self-control]; For if you rescue him [and do not let him learn from the consequences of his action], you will only have to rescue him over and over again.
Proverbs 19:19 AMP

2. Be _____.

So discard every form of dishonesty and lying so that you will be known as one who always speaks the truth, for we all belong to one another. Ephesians 4:25 TPT

3. Clarify your _____.

Let your yes be yes. Let your no be no. Anything more than this comes from the devil. Matthew 5:37 NLV

4. Love at _____.

Jesus: "A new command I give you: Love one another. As I have loved you, so you must love one another." John 13:34

Questions to Assess Your Boundaries:

1. Are there people in your life you need to stop rescuing?
2. Are there people in your life with whom you need to be honest?
3. Are there places where you don't have clear boundaries and you need to clarify them with the people in your life?
4. Make a list of who and what takes up the majority of your time. Does it line up with your values?
5. Is there someone to whom you need to show love? Are you respecting other's boundaries?

Want to connect with God through the Scriptures and dig deeper into this week's message? Check out *The Daily* at newpointe.org/daily.