

TALK IT OVER

Leading and Engaging the **Next Generation**

BOTTOM LINE

Helping the Next Gen win.

CONVERSATION **STARTER**

Who and what were your greatest influences as a teenager?

THINGS TO CONSIDER

What did you hear? What do you think? What will you do?

RESOURCES

- The Daily: newpointeorg/daily
- Five Changes I'd Make If I **Could Parent Over Again** by Dr. Tim Elmore

KEY VERSES AND QUOTES

The men of Issachar who understood the times and knew what to do ... 1 Chronicles 12:32 NIV

Even when I am old and gray, do not forsake me, my God, till I declare your power to the next generation, your mighty acts to all who are to come. Psalm 71:18 NIV

"The next generation knows the time—we know the timeless."

- Dr. Tim Elmore

"You are not just raising children—you are raising adults."

Dr. Tim Elmore

"The Gen Z generation is marked by a high sense of agency and a high sense of anxiety." - Dr. Tim Elmore

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Whom do you know who is Next Gen Z (ages 11-26)? What is their relationship to you? Discuss the "high need for agency"? What does that mean? How have you experienced it? Discuss the "high sense of anxiety"? How do you see that? Winning their hearts without losing your values is imperative and difficult. How well do you do at being flexible without giving in? Which of the Six Shifts are most significant for you? How will you apply them? "Don't think Control, think Connection. Don't think Tell, think Ask. Don't think Rules, think Equations. Don't think Prescriptive, think Descriptive. Don't think Impose, think Expose. Don't think Manage, think Mentor." Dr. Robert Leahy says the average teen today experiences the same level of anxiety as a psychiatric patient in the 1950s. What do you see creating anxiety in them? How does their anxiety affect you? Dr. Elmore tells us that one of their challenges is that they regularly witness polarized adults who often behave poorly. What can we do at home and at church to counteract these issues? What will it cost me to improve my connection with my Gen Z'er? What am I willing to sacrifice?

ACTION STEP

I will pray daily for a personal list of Gen Z'ers and their parents. I will pray for myself for wisdom in applying my new understanding and will make the sacrifices for connection God brings to my mind.







