



TALK IT OVER

Be a Hero

BOTTOM LINE

Kindness makes heroes.

CONVERSATION STARTER

Whom do you know from the news or personal experience who has been a “Good Samaritan”? Do you have a personal experience where a stranger has been kind to you?

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily: newpointeorg/daily
- [Be Kind](#) - Small things done with great love can change the world.

KEY VERSES AND QUOTES

Your kindness should be known to all! Philippians 4:5 NAB

Your own soul is nourished when you are kind. Proverbs 11:17 TLB

Share each other's troubles and problems, and in this way obey the law of Christ. Galatians 6:2 NLT

Never walk away from someone who deserves help; your hand is God's hand for that person. Never tell your neighbors to wait until tomorrow if you can help them now. Proverbs 3:27-28 NLT

Whoever is kind to the poor lends to the LORD, and he will reward them for what they have done. Proverbs 19:17 NIV

“We tend to be concerned about our problems, our plans, our agendas. But the person who has grown in the grace of kindness has expanded his thinking outside of himself and his interests and has developed a genuine interest in the happiness and well-being of those around him.” – Jerry Bridges

“Our calling is to live with such kindness that the word itself becomes synonymous with the label.” – Dwight Mason

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If you asked the people in our culture today what word they think is synonymous with “Christian,” what do you think it would be? A few years ago, research found “judgmental” to be the most common word mentioned. What does judgmentalism mean, and how does it make apathy and avoidance an easy response to people in need? If you have kind feelings toward someone but do not act on them, that is not kindness. Discuss. What does apathy and avoidance of the world’s pain look like? What does action look like? The needs around us are generally obvious. How can you deliberately show kindness in the most general situations? Of course, receiving kindness nourishes your soul. But how does *showing* kindness nourish you? How does asking “what happened to them?” instead of “what’s wrong with them?” change your perspective? Where is God speaking to you to actively develop compassion?

ACTION STEPS (This or one of your own)

Kindness and compassion are not feelings; they require action. I will pray daily for these qualities to grow in my life, and will start by taking action in this situation: _____

My Action Step: _____