



# Life Is Complicated. We Can Help.

## Self-Worth

#nplifeiscomplicated

# Week 15

December 20, 2020

**Bottom Line:** You get to choose who defines you—make it God.

**Icebreaker:** You are introducing yourself to a person who doesn't know you. What are four significant identifying statements you would choose to share?

**Key Verse:** "...you are complete in Him." Colossians 2:10 NKJV

There are always two opinions about things that need fixed or remodeled. As the saying goes, one man's trash is another man's treasure. There are two different opinions about you as well: the way God sees you, and the way your enemy, Satan, sees you. Whichever opinion you decide to believe will determine the way you see your TRUE worth. One will have you trying to *achieve* your worth, the other will position you to *receive* your worth. God uses people to move us toward our destiny, but we must not try to get our worth there. That's trying to get from people what only God can give you. Your value doesn't come from another person, it comes from your Creator. If you rely on people, you will be disappointed.

Your true value is found in God's view through Christ. He declares that you are complete in Jesus. **YOU ARE FULLY ACCEPTED.** The deepest wounds of our lives come through rejection, and we spend our lives seeking acceptance. You need to stop trying to prove your worth. You are God's accepted and loved child. When you spend time with Jesus, He will let you know that you are enough. **YOU ARE EXTREMELY VALUABLE.** God says you are precious to Him. The value of something is determined by who owns it and what they paid for it. You have been bought and paid for by the death of God's own Son. **YOU ARE LOVED UNCONDITIONALLY.** We consider marriage to be perhaps the deepest of commitments. But it is a bilateral agreement based on how well each party keeps the commitment. God's love for us is unconditional. His commitment is unilateral. No matter your shortcomings or failures, God's love for you is unconditional. No one else will ever love you like that; unconditionally and forever. **YOU ARE COMPLETELY FORGIVEN.** God has not just forgotten your sin. He has forgiven you! Your sins will never be held against you again! It is over. **YOU ARE FULLY CAPABLE.** You are sufficient, adequate, and enough through Christ. Give people who don't validate you a pass and go to Christ. God calls you a one-of-a-kind masterpiece. God defines YOU as His greatest work, His masterpiece. That will never change. Whose opinion will you believe? Your life depends on it.

## THINK IT OVER >>>

What was your most significant takeaway from today's message?

True worth can only be determined by the artist themselves. How do you see that to be true in life? How does that compare with the statement, "Something's only worth what someone will pay for it"?

Why do you think the approval of people is so addictive? How do you see signs of it in yourself? Who bothers you the most when you sense their disapproval? Why?

If you are always depending on someone else's approval, you will become needy and bothersome. They have enough issues of their own. It is unfair to them. Reflect and discuss. Are there others who put this pressure on you? How do you handle it?

How would you recommend someone spend time with Jesus to realize their real worth?

## LOOK IT OVER <<<

Which is hardest for you to receive and believe? Fully Accepted? Extremely Valuable? Loved Unconditionally? Completely Forgiven? Fully Capable? Consider why you think this is so.

What is one thing you have wanted to be known by? Andy Stanley says his struggles in school as a boy drove him to want to be known as smart. Is there any identity you seek to affirm your value?

Inconsistent love by parents creates insecure kids. How have your early relationships affected your self-worth? How has your relationship with Jesus changed that?

God treated Jesus as though He were me so He could treat me as though I am Jesus. Reflect and discuss.

God sees you as His masterpiece. But it does you no good if you don't accept His opinion. Where do you need to believe Him fully? What will you do about it?

# NEXT STEPS

1. Spend time with Jesus daily. Ask Him to show you who you really are and your true identity in Him.
2. Evaluate where in life you are too dependent on others' opinions; where you may be stressing others out to validate you.
3. Surrender all the opinions to Jesus.

## EVALUATION/ACTION

Realizing and reaching your full potential in Christ

**Bottom Line:** You get to choose who defines you—make it God.

Rate yourself from 1 to 10 1 (never), 10 (always)	1	2	3	4		6	7	8	9	10
Why did you give yourself this rating?										
What benefits will you obtain by raising your rating?										
Do you know someone who demonstrates this bottom line well? What do you admire about that person?										
What specific action can you put into practice to raise your rating?										
At the end of this week, reflect - where did you see the bottom line show up in your actions throughout the week?										

## PRAYER

List group members and their prayer requests for this week:

## DAILY STUDY

Want to dig deeper? Check out **The Daily** this week at [newpointe.org/daily](http://newpointe.org/daily):

Monday: Matthew 3:17

Tuesday: 1 John 3:1-3

Wednesday: Romans 8: 35-39

Thursday: Romans 8:1

Friday: 2 Corinthians 12:9-10

***Don't let the conversation stop here. Keep talking it over with others throughout the week.***

*(Don't forget to bring this paper to your next small group meeting)*