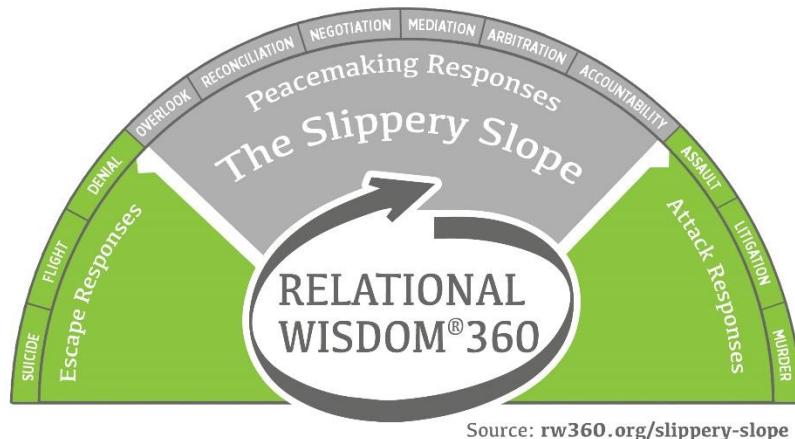


I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. Ephesians 4:1-3



1. Ask God and others for help with self-awareness.

Search me, O God, and know my heart; try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way. Psalm 139:23-24

2. Address everyone involved.

3. Avoid “if,” “but,” and “maybe.”

4. Admit specifically.

5. Acknowledge the hurt.

6. Accept the consequences.

7. Alter your behavior.

8. Ask for forgiveness.

Want to connect with God through the Scriptures and dig deeper into this week's message? Check out The Daily at newpointe.org/daily.