

# TALK IT OVER

## The Promise

### BOTTOM LINE

To understand the Christian life, you must understand the Holy Spirit.

### CONVERSATION STARTER

What's a favorite song on your playlist to start the year?

### THINGS TO CONSIDER

*What did you hear?  
What do you think?  
What will you do?*

### RESOURCES

- The Daily: [newpointe.org/thedaily](http://newpointe.org/thedaily)
- [Who Is the Holy Spirit Really?](#)  
by Rick Warren (16 min.)

### VERSES AND QUOTES

*Do you not believe that I am in the Father, and the Father in me? The words that I speak to you I do not speak on my own authority; but the Father who dwells in me does the works.* John 14:10 NKJV

*And I will pray the Father, and he will give you another Helper, that he may abide with you forever—the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him; but you know him, for he dwells with you and will be in you. I will not leave you orphans; I will come to you.* John 14:16-18 NKJV

*I am the vine, you are the branches. He who abides in me, and I in him, bears much fruit; for without me you can do nothing.* John 15:5 NKJV

“Jesus shared two secrets with His disciples the night before He went to the cross. First, Jesus said that the secret to His victorious life was His vital union with His Father. The second secret was that our life is connected to our vital union with the Holy Spirit, and if we stay connected to the Holy Spirit, we could live a life like Jesus did.” – Dwight Mason

“The Holy Spirit does not replace Jesus; He reveals Jesus. He does not compete with Jesus. He always magnifies Jesus. If an experience draws attention away from Christ, it is not the work of the Holy Spirit.” – Dwight Mason

“If you think of the Spirit as just a power to use, it will lead to pride, and you will start to think you’re better than others. But if you understand that the Spirit is God Himself, full of majesty and glory, who comes to live in your heart and work through you, it will make you humble. Just think of it, the God of heaven chooses to live in you.” – R. A. Torrey

### TALK IT OVER

Understanding the Promise of the Holy Spirit is vital to life. **The Holy Spirit is a Person, not a power.** He is not a force to be used but a person to be known. How did Jesus let us know for sure that this was true? **The Holy Spirit has the essential marks of personality: Knowledge.** He thinks and knows. When He teaches, He is giving us divine insight. He knows God, truth, and us perfectly. How has this been your experience? **Emotions.** He loves, comforts, and can be grieved. Ephesians 4:30 tells us to be careful not to grieve the Holy Spirit. How do you recognize when you have done that? How do you fix it? How have you positively experienced the love, comfort, or encouragement of the Holy Spirit recently? **Will.** He makes decisions, chooses, and gives gifts. We do not demand or choose or earn gifts. Discuss R. A. Torrey’s quote (above). The Holy Spirit promotes Jesus, provides strength, is the Helper for all of life, points us to truth, and prays for us. How do you need those activities in your life right now? What is your part? What is something that might change if I trusted God with what worries me most?

### ACTION STEP

I need the Holy Spirit in my life moment by moment. I will memorize Zechariah 4:6 and remind myself regularly of my Source: *“Not by might nor by power, but by my Spirit,” says the Lord.*