

April 30, 2023

Marriage: The Healthy Way

Unhealthy Marriage: _____

Healthy Marriage: _____

*Then the LORD God said, "It is **not good** that the man should be alone; I will make him a **helper fit** for him."*

Genesis 2:18 ESV

"helper fit" = companion-helper or _____

At the root of a flourishing marriage is a well-tended friendship.

Intentional friendship in marriage is built with...

F – _____

Live happily with the woman you love... The wife God gives you is your reward for all your earthly toil. Ecclesiastes 9:9 NLT

R – _____

A friend loves at all times... Proverbs 17:17 NIV

I – _____

Three Levels of Communication:

1. _____

2. _____

3. _____

E – _____

*Husbands, love your wives, just as Christ loved the church and gave himself up for her to make her **holy**...*

Ephesians 5:25-26 NIV

N – His/Her _____

However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

Ephesians 5:33 NIV

D – _____

*For this reason a man will leave his father and mother and be united to his wife, and the two will become **one flesh**. This is a profound mystery—but I am talking about Christ and the church.* Ephesians 5:31-32 NIV

*Hear, O Israel: The Lord our God, the Lord is **one**.*

Deuteronomy 6:4 NIV

Question to Ask:

In what area can I be a better friend?

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