

May 5, 2024

He Gets Us (Week 5 of 5)

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.

Hebrews 4:15 NIV

Fight fear with _____.

Mark 4:35-5:20

1. _____ your fear

Fear is driven by _____.

- Loss of _____

Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don’t you care if we drown?” Mark 4:38 NIV

- Loss of _____

When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. Those who had seen it told the people what had happened to the demon-possessed man—and told about the pigs as well. Then the people began to plead with Jesus to leave their region. Mark 5:15-17 NIV

- Loss of _____

As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. Jesus did not let him, but said, “Go home to your own people and tell them how much the Lord has done for you, and how he has had mercy on you.” Mark 5:18-19 NIV

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. 2 Timothy 1:7 NLT

When fear grips, don’t run _____, run _____.

2. Fear _____.

The fear of the Lord leads to life; then one rests content, untouched by trouble. Proverbs 19:23 NIV

We overestimate _____ and underestimate _____.

They were terrified and asked each other, “Who is this? Even the wind and the waves obey him!” Mark 4:41 NIV

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. 1 John 4:18 NIV

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged. Deuteronomy 31:8 NIV

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