



TALK IT OVER

Truth Talk

BOTTOM LINE

Truth requires you to love, and love requires you to be truthful.

CONVERSATION STARTER

Play “Two Truths and a Lie.” Everyone tells the group two things about themselves that are true and one that is not. See who can figure out which is which.

THINGS TO CONSIDER

What did you hear?

What do you think?

What will you do?

RESOURCES

- The Daily:
newpointe.org/thedaily
- [Speaking the Truth in Love](#)
by Paul Tripp

KEY VERSES AND QUOTES

Someone who holds back the truth causes trouble. But the one who openly confronts works for peace. Proverbs 10:10 GNT

Love rejoices with the truth. 1 Corinthians 13:6 NIV

(Speak) only what is helpful for building up others according to their needs, that it may benefit those who listen. Ephesians 4:29 NIV

Faithful are the wounds of a friend, but the kisses of an enemy are deceitful. Proverbs 27:6 NKJV

“Truth that is not spoken in love ceases to be truth because it is twisted by other human agendas. Love that is not guided by truth ceases to be love because it is divorced from God’s agenda.” – Paul Tripp

“When you want to help people, you tell them the truth. When you want to help yourself, you tell them what they want to hear.” – Thomas Sowell

TALK IT OVER

What did “keeping the peace” mean in your family? When and why does it sometimes seem that honesty is not the best policy? How is not speaking the truth in love, repressing it, destructive? “Timing is everything in communication.” What does that mean specifically? Where do you need to be more sensitive? How can you make sure your motivation for the conversation is pure? “Plan for your crucial conversations so you can be clear, kind, and effective.” How do you plan? What makes it most frightening for you to speak the truth in love? What will you do about it?

ACTION STEPS (This or one of your own)

I will own the relationships in my life that are hindered by a lack of speaking the truth appropriately in love. I will take the initiative to grow with God in courage and wisdom to do this.

My Action Step: _____