



## TALK IT OVER

Disconnected from Others

### BOTTOM LINE

We were created to be fully known and fully loved by others.

### CONVERSATION STARTER

If you could be a college or pro athlete, what sport would you like to play and for what team?

### THINGS TO CONSIDER

*What did you hear?*

*What do you think?*

*What will you do?*

### RESOURCES

- The Daily: [newpointeorg/daily](http://newpointeorg/daily)
- [Taking Responsibility for Your Group](#) by Andy Stanley (15 minutes)

### KEY VERSES AND QUOTES

*It is not good for the man to be alone.* Genesis 2:18 NIV  
*Be devoted to one another in love.* Romans 12:10 NIV  
*Carry each other's burdens.* Galatians 6:2 NIV

*Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.* Colossians 3:16 NIV

"Outside of Jesus, relationships are the greatest gift we have on earth and simultaneously the most difficult part of being alive." – Dave VanDonge

"We are made to be connected to each other, but we disconnect because of pain and hurt... Abundant life does not happen without others walking with us." – Dave VanDonge

### TALK IT OVER

What evidence do you see/feel that loneliness and aloneness are epidemic? What evidence do you see that despite our need, we are conditioned to not need each other? "We need transformational relationships, but we want to find them, not work for them." These relationships cost time, vulnerability, and accountability. Which of those is your greatest hangup? Who are the people already in your life with whom you could invest time to grow? Growing requires vulnerability, but we tend to reject it because of pain or shame. How does appropriate vulnerability with trusted people heal pain and shame? Why do you think confessing to others is so difficult? "Accountability is the practice of saying hard things and the practice of listening to and receiving these hard things. Accountability is what we need most, yet most of us run from it." How does this definition scare you? Help you? What are the benefits of being accountable despite your fear?

### ACTION STEPS (This or one of your own)

The area where I need to most work on my connection with others is \_\_\_\_\_ . I will immediately work on my connection by \_\_\_\_\_

\_\_\_\_\_

My Action Step: \_\_\_\_\_