

*The fear of man brings a snare, but whoever trusts in and puts his confidence in the Lord will be exalted and safe. Proverbs 29:25 AMP*

### The fear of . . .

- Rejection
- Uncertainty
- Scarcity

### The antidote to fear is twofold:

1. Develop and maintain a healthy fear of God.

*. . . do not fear those who kill the body but cannot kill the soul. Rather fear him who can destroy both soul and body in hell. Matthew 10:28*

*Those who fear the LORD are secure. Proverbs 14:26 NLT*

2. Embrace and experience God's love.

*Wherever God's love is, there is no fear, because God's perfect love drives out all fear. It is the thought of punishment that makes a person fearful. 1 John 4:18*

### Every day I . . .

1. Surrender and submit to God.

*Surrender your heart to God, turn to him in prayer, and give up your sins—even those you do in secret. Then you won't be ashamed; you will be confident and fearless. . . . Then you'll rest safe and secure, filled with hope and emptied of worry! Job 11:13-18 CEV*

*Submit yourselves to God: resist the devil, and he will flee from you. James 4:7 GNT*

2. Remind myself of God's love for me.

### Five Truths: I am . . .

- Accepted

*Jesus made us acceptable to God. Titus 3:7 CEV*

- Loved

*God shows and clearly proves His [own] love for us by the fact that while we were still sinners, Christ died for us. Romans 5:8 AMP*

*"My love for you will never end," says the Lord. Isaiah 54:10 TEV*

- Forgiven

*There is no condemnation for those in Christ Jesus. Romans 8:1*

- Valuable

*You've been bought and paid for by Christ . . . 1 Corinthians 7:23*

- Complete

*. . . you are complete in Him. Colossians 2:10 NKJV*

3. Offer that love to others.

*Jesus said, "I'm giving you a new commandment to love each other. Love each other in the same way that I have loved you." John 13:34*

*The Lord is my helper; I will not fear. What can man do to me? Hebrews 13:6*

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