

# IDENTITY IN CHRIST

## 4TH GRADE

### OBJECTIVE

Help your child build confidence in who they are by showing them what God says is true about their identity in Christ.

### WHAT TO KNOW

Fourth graders are asking bigger questions about who they are and where they fit in. They're navigating friendships, growing independence, and more responsibility at school and home. They may begin comparing themselves more to others, which makes them especially vulnerable to cultural messages about popularity, appearance, and performance. This is the perfect season to help them understand that their value doesn't come from what they do or what others say—it comes from who God says they are. When kids understand they are loved, chosen, and made in God's image, they can stand more confidently in every area of life. Knowing their true identity in Christ builds a foundation for lasting confidence, purpose, and security in who they are becoming.

### TRUTH FROM THE BIBLE

*So God created mankind in his own image, in the image of God he created them; male and female he created them.* Genesis 1:27 NIV

We are made by God, in His image, with purpose and value.

*But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.*

Romans 5:8 NIV

God didn't wait for us to be perfect—He showed His love through Jesus, proving our worth is secure in Him.

*But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.* 1 Peter 2:9 NIV

God calls your child chosen, set apart, and deeply loved. He gives them purpose and a place in His family.



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## TALK ABOUT IT

- What do you think makes you special?
- What lies do kids your age sometimes believe about who they are?
- What do you think God sees when He looks at you?
- What's a truth from the Bible you want to remember about who you are in Christ?
- How would believing that truth change the way you live?

Take time to really listen to your child's answers. These questions can help uncover where they're placing their identity and give you a chance to gently point them back to God's truth.

## LIVE IT OUT

Invite your child to create a God's Truth poster by decorating a sheet of paper with one of their favorite Bible verses about identity. Encourage them to include words or designs that remind them of who they are in Christ—things like chosen, deeply loved, made in God's image, or set apart for a purpose. Hang the poster somewhere they'll see it often, like their bedroom wall or near their schoolwork area.

Throughout the week, ask your child to share one way they lived out their identity in Christ—whether that's showing kindness, standing up for what's right, or remembering they're loved even on a hard day. Celebrate their growth and encourage them to keep walking in God's truth. Remind them often that when they live like they belong to Jesus, they reflect His love to the world around them.

## PRAY TOGETHER

Ask God to help your child see themselves the way He sees them, and to grow confident in their identity in Christ.

"God, help me remember that I am Yours. Thank You for making me in Your image and loving me no matter what. Help me see myself the way You see me and live like I belong to You. Amen."

