

MAKING WISE CHOICES

10TH GRADE

OBJECTIVE

Help your student develop the wisdom and courage to make godly choices, even when they face pressure, temptation, or difficult circumstances.

WHAT TO KNOW

Temptation in high school can feel constant and overwhelming. Whether it's peer pressure to party, experiment with substances, compromise values, or simply follow the crowd, students often feel like everyone else is doing it—and getting away with it. But scripture reminds us that temptation is not new, and it's never something we face alone. God promises to provide a way out. Now is the time to talk openly about how to recognize wise versus unwise choices, what it looks like to stand firm, and how to lean on God and trusted community when things get tough. These conversations help your student build a decision-making filter that will serve them far beyond high school.

TRUTH FROM THE BIBLE

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it. 1 Corinthians 10:13

Temptation is real—but God always gives us a path forward that honors Him.

My son, if sinners entice you, do not consent. Proverbs 1:10

Not every invitation is worth accepting. Saying no is often a sign of wisdom, not weakness.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Romans 12:2

Wise choices begin with clear thinking, shaped by God—not culture.

A friend loves at all times, and a brother is born for a time of adversity. Proverbs 17:17

Real friends won't push you toward regret—they'll help you stay grounded in what matters.



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TALK ABOUT IT

- What are some pressures you're feeling right now—at school, with friends, or online?
- Why do you think it's hard to make wise choices sometimes?
- What's one area where you want to be more intentional about choosing what's right?
- Have you ever felt like you were the only one trying to do the right thing?
- Who are the people in your life that help you stay grounded in your faith?

LIVE IT OUT

Encourage your student to think about the types of situations where they feel the most pressure to compromise—and talk through what a wise response could look like. Help them identify one or two trusted people they can turn to when a decision feels heavy or confusing. Reinforce the idea that walking away from temptation is a strength, not a weakness. Invite them to evaluate their friendships and ask, “Are these people helping me become who God wants me to be?” Share a story from your own life where you had to choose between fitting in and doing what was right. Keep the conversation open and ongoing—because making wise choices is something we all continue to grow in, no matter our age.

PRAY TOGETHER

Pray with your student this week, asking God to give them wisdom and courage in the choices they face.

“God, thank You for being faithful and for giving us everything we need to make wise choices. Help us stand strong when we're tempted and stay close to Your truth. Give us clarity, courage, and good friends who help us follow You. Amen.”

