

MAKING WISE CHOICES

7TH GRADE

OBJECTIVE

Encourage your student to make wise choices that honor God and reflect His will for their lives.

WHAT TO KNOW

Your 7th grader is beginning to feel the pressure of real-life decisions—choosing friends, navigating online freedoms, and deciding how to spend their time and energy. These choices may seem small, but they have lasting impact. Now is the time to help your student build a foundation of wisdom rooted in God's Word. Wise choices aren't always the easiest or most popular, but they lead to peace, confidence, and purpose. Your student needs to know they can turn to God for help and that you're there to walk alongside them. Keep conversations open and honest, and remind them that God cares about every part of their life—from friendships to school to future plans.

TRUTH FROM THE BIBLE

If any of you lacks wisdom, let him ask of God ... and it will be given to him. James 1:5 NKJV
God is generous with wisdom—we just have to ask for it.

In all your ways submit to him, and he will make your paths straight. Proverbs 3:6 NIV
When we surrender our plans to God, He will guide us.

The fear of the Lord is the beginning of wisdom ... Proverbs 9:10 NIV
Wisdom starts when we honor and respect God.

Your word is a lamp for my feet, a light on my path. Psalm 119:105 NIV
The Bible helps light the way through every decision.

Be very careful, then, how you live—not as unwise but as wise ... Ephesians 5:15–17 NIV
God wants us to think carefully about how we live and make choices that align with His will.



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TALK ABOUT IT

- How do you usually decide what to do when you're unsure?
- Why do you think it's hard to ask God for help sometimes?
- Can you think of a time a wise choice made a difference, even if it was hard in the moment?

Use their answers to talk about what wisdom really is—not just knowing what's right, but doing it. Help them see that wise decisions aren't based on feelings or pressure from others, but on truth that never changes. If they've made a poor choice, remind them that God gives grace and that every day is a chance to choose differently.

LIVE IT OUT

Help your student take what they're learning about wisdom and turn it into everyday action. Talk through one decision they're facing right now and take time to pray over it together. Choose a Bible verse about wisdom, write it down, and keep it somewhere they'll see it often. Make a simple plan together for how they can pause and pray before making big decisions. And don't forget to share your own story—talk about one wise choice you made and how it helped you grow. Wise choices aren't about perfection. They're about learning to trust God more and more every day.

PRAY TOGETHER

The choices your student faces may feel overwhelming at times—but they're never expected to figure it all out alone. Use this prayer to invite God's wisdom and presence into their everyday life.

"Lord, thank You for the wisdom You give to those who seek it. Help us to trust You in every decision, big or small, and to rely on Your guidance to make wise choices. Lead us down paths of righteousness and help us to honor You in everything we do. Amen."

