

IDENTITY IN CHRIST

5TH GRADE

OBJECTIVE

Help your child explore their identity in Christ by focusing on how God created them, loves them, and has a purpose for their life.

WHAT TO KNOW

Fifth graders are thinking more deeply about who they are and how they fit in. It's easy for them to tie their identity to appearance, achievements, or what others think. At this age, social dynamics and comparisons become more intense, so they need regular reminders that their value isn't up for debate—it's already been settled by God. This is a key time to reinforce that their true identity is found in Christ—they are loved, chosen, and created on purpose. When you regularly speak God's truth over them, you help shape the way they see themselves—not just for today, but for the future. The more they root their confidence in what God says is true, the stronger their foundation will be as they grow.

TRUTH FROM THE BIBLE

So God created mankind in his own image, in the image of God he created them; male and female he created them. Genesis 1:27 NIV

We are made by God, in His image, with built-in purpose and value. Your child was created intentionally and reflects the character of their Creator.

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

Romans 5:8 NIV

God didn't wait for us to get everything right. He loved us first. Jesus' sacrifice shows your child they are fully loved—right now, as they are.

But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. 1 Peter 2:9 NIV

Your child is chosen by God and set apart to live a life that reflects His light. They belong to Him and have been given a role in His bigger story.



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TALK ABOUT IT

- What do you think makes you special?
- What lies do kids your age sometimes believe about themselves?
- What do you think God sees when He looks at you?
- What's a truth from the Bible you want to remember about who you are in Christ?
- How would your day be different if you really believed you were fully loved and chosen by God?

LIVE IT OUT

Have your child create a God's Truth poster by decorating a piece of paper with one of their favorite Bible verses about identity. Encourage them to include words or designs that reflect who God says they are—made in His image, fully loved, chosen, and set apart. Hang the poster somewhere visible, so it can serve as a daily reminder of the truth they're learning to live by.

Throughout the week, challenge your child to notice one way they lived out their identity in Christ. Maybe they encouraged someone, or stood up for what was right. Celebrate their efforts and remind them how proud you are of who they are becoming—not because of what they do, but because of who they are in Jesus.

PRAY TOGETHER

Ask God to help your child remember the truth about who they are. Pray that they'll learn to hear His voice above the noise of the world and have courage to live like they belong to Him.

"God, thank You for making me on purpose and with a purpose. Help me see myself through Your eyes and remember that I am loved, chosen, and created to do good things. Please help me live with confidence, knowing I belong to You. Amen."

