

# MAKING WISE CHOICES

## 1ST GRADE

### OBJECTIVE

Help your child understand that wisdom means making choices that are good, kind, and based on God's truth. At this age, kids are becoming more aware of consequences and learning how to pause before acting.

### WHAT TO KNOW

Your child is beginning to recognize that not all choices are the same. Some decisions are simple, like what snack to eat. Others are harder, like how to respond to someone being unkind. This is the perfect stage to help them slow down and think before they act. By guiding them through everyday decisions, you help your child develop the habit of asking, “Is this a wise choice?”

First graders may still be impulsive, but they’re starting to understand that their actions affect others. They can learn that wise choices are ones that show love, kindness, and self-control. Kids this age look to you for direction—so when you talk through your own choices out loud or help them reflect on theirs, you’re giving them a powerful model of how to invite God into their decision-making. You’re not just helping them be “good”—you’re teaching them how to choose wisdom, even when no one is watching.

### TRUTH FROM THE BIBLE

*If any of you lacks wisdom, let him ask of God, who gives generously to all without finding fault, and it will be given to him.* James 1:5

God wants to help us make good decisions, and He promises to give us wisdom when we ask. No question or decision is too small for Him.

*Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.* Proverbs 3:5–6

We don’t have to figure everything out on our own—when we trust God, He shows us the best way to go—even when it’s hard or different from what others are doing.



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## TALK ABOUT IT

- How do you know if a choice is wise?
- What does the word “wise” mean?
- Can you think of a time you made a good choice? What happened?
- Who can help you make wise choices when you’re not sure?
- Why do you think God wants us to make good choices?

## LIVE IT OUT

This week, talk as a family about times when you've had to make choices—big or small. Invite your child to help make simple decisions like what to eat for dinner, how to spend time together, or how to respond to a problem with a friend. Afterward, use those moments to discuss what made the choice wise.

You can also create a “Wise Choice Helper” together. Fold a sheet of paper into three columns labeled STOP, THINK, and DO. In each section, let your child come up with ideas for what they can do when making a decision, such as stopping to take a deep breath, thinking about what Jesus would do, and choosing to do what’s right.

Whenever your child is facing a decision—even a small one—encourage them to pause and pray first. You might say, “Let’s ask God to help us make a wise choice.” Over time, this simple step reminds them that God is always ready to help.

## PRAY TOGETHER

Before you wrap up, take a moment to pray with your child. Remind them that God is ready to help every time they ask.

“God, thank You for helping us make good choices. Please teach us to be wise and kind. Help us think before we act and do what honors You. Amen.”

