SERVING OTHERS

1ST GRADE

OBJECTIVE

Help your child understand that God has given each of us unique gifts that we can use to serve others with joy.

WHAT TO KNOW

By 1st grade, kids are learning more about how they fit into a group—whether that's in their class, on a team, or in your family. This is a great time to begin showing them that they have something valuable to offer. God has given each of us special gifts, and we're all part of His big plan to love and serve others.

When a child sees how their actions—like helping, sharing, or encouraging—can bless someone else, it builds both confidence and compassion. Serving doesn't have to be complicated. Sometimes, it just takes a willing heart and a little direction. The goal is to help your child understand that their small acts of service can make a big difference in someone's day—and that when we serve others, we're really serving God.

TRUTH FROM THE BIBLE

Each of us has one body with many parts. And the parts do not all have the same purpose ... We all have gifts. They differ according to the grace God has given to each of us. Romans 12:4–6 God made each of us different on purpose. When we use our gifts to serve others, we become part of something bigger than ourselves.

Worship the Lord with gladness. Come to him with songs of joy. Psalm 100:2 Serving is one way we worship God. When we help others with a joyful heart, we show people what God is like.



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TALK ABOUT IT

- How did it feel to help someone?
- What does the word "serve" mean?
- What are some gifts or talents you have?
- How can you use those gifts to help others?
- What does the Bible say about serving with joy?
- Can you think of a time when someone helped you? How did that make you feel?
- What do you think it means to serve like Jesus?

LIVE IT OUT

Serve together as a family this week. You could help a neighbor, deliver a treat to someone, or clean up a shared space. Keep it simple, and invite your child to help choose how you serve. Afterward, talk about what it felt like and how God might use your family's gifts again.

You can also encourage small, everyday acts of service at home—like helping a sibling, setting the table, or praying for a friend. These small acts matter. When your child connects kindness with purpose, it becomes a part of who they are. Write down a few ways your family can serve this month and celebrate when your child puts their gifts into action. Remind them often: God gave you these gifts for a reason—and they grow stronger when you use them!

PRAY TOGETHER

Invite your child to thank God for the gifts He's given them. Then, ask Him together for opportunities to use those gifts to help others with joy.

"God, thank You for giving us special gifts. Help our family find ways to serve others with joy and gladness, just like You made us to. Amen."

