

# SEXUAL INTEGRITY

## 12TH GRADE

### OBJECTIVE

Have a conversation with your student about the importance of sexual integrity and how it connects to their identity, values, and faith in Jesus.

### WHAT TO KNOW

Sexual integrity isn't just about physical behavior—it's about the alignment of heart, mind, and choices with God's design. While the world may offer confusing or conflicting messages, the Bible offers a clear picture of God's will. In 1 Thessalonians 4:3–5, we're reminded that it is God's will for us to be sanctified, to avoid sexual immorality, and not to be driven by passionate lust like those who do not know Him. Living a holy life isn't about shame—it's about being set apart for God's best.

Your student may be navigating temptation, pressure, or curiosity. Normalize those feelings, but remind them that God offers strength, direction, and grace. His boundaries are protective, not punitive. You can't make every choice for your student—but you can help them see the value in pursuing purity and building relationships on trust, honor, and mutual respect.

### TRUTH FROM THE BIBLE

*Jesus said, Go now and leave your life of sin.* John 8:11 NIV

Jesus meets us with grace and calls us to walk in freedom and holiness.

*Flee the evil desires of youth and pursue righteousness, faith, love and peace ...* 2 Timothy 2:22 NIV

God doesn't just say "run from sin"—He calls us toward something better.

*For I know the plans I have for you ... plans to give you a hope and a future.* Jeremiah 29:11 NIV

God's design for relationships is good, and His timing is worth trusting.

*Do not be yoked together with unbelievers.* 2 Corinthians 6:14 NIV

God wants your closest relationships to be spiritually aligned.

*Let us then approach God's throne of grace with confidence ...* Hebrews 4:16 NIV

Even when we fall short, God welcomes us with mercy and grace.



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## TALK ABOUT IT

- How do you think culture portrays sex and relationships?
- What kind of messages are you getting from social media or friends?
- What do you think it looks like to honor God in your dating relationships?
- What would it mean to pursue purity—not just physically, but emotionally and mentally too?

## LIVE IT OUT

Approach this as a conversation between adults—not a lecture. Be real with your student. When there's trust, there's room for growth. Talk together about what healthy boundaries look like in dating and encourage them to pray about the kind of person they hope to date or marry. Invite them to also reflect on the kind of person they're becoming. You might suggest creating a "dating creed"—a list of values, boundaries, and standards they want to uphold in future relationships. Be willing to share your own experiences, even the difficult ones, offering both wisdom and grace. If your student has already crossed lines, remind them that God's grace is real and a fresh start is always possible. Above all, keep the conversation rooted in love, not shame.

## PRAY TOGETHER

Conversations about relationships and purity can be vulnerable—invite God into them. Let your student know you're praying with them and for them as they pursue God's best.

"God, thank You for Your grace and truth. Help us pursue purity in every part of life. Give us wisdom in relationships and courage to follow Your design. Help us grow in trust, love, and obedience to You. Amen."

