

MAKING WISE CHOICES

Kindergarten

OBJECTIVE

Help your child begin learning how to make wise choices by listening to God's Word, using kind hearts, and learning from both good and bad decisions.

WHAT TO KNOW

They won't always choose wisely (none of us do), but this is a great age to begin teaching that choices matter—and that God can help them make wise ones. As a parent, you're still their number one teacher. When you gently walk them through their decisions—good or bad—you show them how to listen to God and grow in wisdom.

Each choice your child makes—whether it's sharing a toy or telling the truth—shapes how they understand right and wrong. When you take the time to pause and talk about those choices, you're helping them learn how to slow down and ask, "What would God want me to do?" These early lessons become the foundation for a life of wise decision-making, rooted in God's truth and love.

TRUTH FROM THE BIBLE

If any of you lacks wisdom, you should ask God ... and it will be given to you. James 1:5 NIV
God wants to help us make wise choices—and He promises to give us wisdom when we ask for it.

Trust in the Lord with all your heart ... and he will make your paths straight. Proverbs 3:5–6 NIV
When we trust God and follow His ways, He helps us know which path to take.

The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.
Proverbs 1:7 NIV
Wisdom starts with knowing and respecting God—and choosing to listen to what He says.

Your word is a lamp for my feet, a light on my path. Psalm 119:105 NIV
The Bible helps us see what's right and shows us how to make good choices.



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TALK ABOUT IT

- What is a choice you made today?
- Was it a good choice or a not-so-good one?
- How did that choice make you or someone else feel?
- What does it mean to make a “wise” choice?
- Who helps us make wise choices?

Sometimes it’s hard to make the right choice, especially when we want something really badly. But the Bible says God gives us wisdom to help us know what to do—and we can always stop and ask Him to help us.

LIVE IT OUT

Start by walking, eating a snack, or coloring together while you talk through real choices your child has made. Keep the tone light, even if the topic is serious. The goal is to help them think before choosing and remember they can always ask God for help.

Then, make a Wise Choice Stoplight using three paper circles. Red means stop—pause and ask, “Is this a good choice?” Yellow means think—“What would Jesus want me to do?” Green means go—move forward with the wise choice. Hang it somewhere they’ll see often, like on the fridge or their bedroom door. Refer to it when they’re facing a decision to help them practice slowing down and thinking through their options.

You can also role-play situations like what to do if a friend is mean, if they want a toy someone else is using, or if they’re tempted to take something that isn’t theirs. Practicing in advance builds confidence and helps your child feel prepared when real choices come.

PRAY TOGETHER

Let this be a simple, meaningful time to practice prayer with your child. Encourage them to be honest with God and to ask for His help.

“God, thank You for loving me. Please help me stop and think before I make choices. Help me be wise, kind, and do what’s right, even when it’s hard. Amen.”

