

# IDENTITY IN CHRIST

## 6TH GRADE

### OBJECTIVE

Help your student understand that their true identity is found in who God says they are—not in what they do or what others think.

### WHAT TO KNOW

Your student is starting to ask big questions: Who am I? Do I matter? Where do I belong? In a world that constantly pushes labels and pressure, it's easy to forget that our value doesn't come from grades, popularity, or achievements. God's Word offers something better—an identity rooted in truth, love, and purpose.

At this stage, your student is becoming more aware of themselves and their place in the world. That makes now the perfect time to help them understand they are made by God, loved unconditionally, and created for a purpose. These truths will help anchor them in the years ahead as they face new influences and decisions.

### TRUTH FROM THE BIBLE

*So God created mankind in his own image ...* Genesis 1:27 NIV  
You were made with value and purpose by a loving Creator.

*If anyone is in Christ, the new creation has come: The old has gone, the new is here!*  
2 Corinthians 5:17 NIV

Your identity is brand new when you belong to Jesus.

*For we are God's handiwork, created in Christ Jesus to do good works ...* Ephesians 2:10 NIV  
You were created on purpose—for a purpose.

*I have been crucified with Christ and I no longer live, but Christ lives in me ...* Galatians 2:20 NIV  
Your life is no longer your own—it belongs to Jesus.

*Nothing can separate us from the love of God that is in Christ Jesus our Lord.* Romans 8:38–39 NIV  
God's love for you is unshakable and forever.



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## TALK ABOUT IT

Start the conversation by asking what your student thinks makes someone valuable, or whether they've ever felt pressure to be someone they're not. Give them space to share without rushing to correct or answer. Your goal is to listen, then guide them gently toward God's truth.

Share a time from your life when you struggled with identity or comparison and how God helped you see yourself differently. Let your student know it's okay to have questions and doubts. Faith grows in the middle of honest conversations.

You might say something like this: I know it's hard sometimes to feel like you measure up, but the truth is—you don't have to earn God's love. He made you on purpose, and nothing can change how He sees you.

## LIVE IT OUT

Encourage your student to reflect on one truth from Scripture each week and write it somewhere they'll see it often—like a notebook, mirror, or phone background. Help them build a habit of reading short Bible passages about identity, like Ephesians 1 or Psalm 139, and talk about what those verses mean for their daily life.

You might even pick a verse to memorize together. Each morning, challenge them to speak a truth out loud that reminds them who they are in Christ—like "Jesus is first in my life," "I am made in God's image," or "My value comes from who I am in Christ." These simple truths can shape how they think, respond, and live.

## PRAY TOGETHER

Take time to pray with your student. Remind them that their value isn't based on performance or approval but rooted in who God says they are—loved, chosen, and made with purpose.

"God, thank You for making me on purpose and loving me no matter what. Help me remember that my identity comes from You, not from what I do or what others say. Teach me to live each day knowing that I am Yours. Amen."

