

# SEXUAL INTEGRITY

## 9TH GRADE

### OBJECTIVE

Have an open and ongoing conversation with your student about how sexual integrity reflects God's design and protects their heart, mind, and relationships.

### WHAT TO KNOW

Your student is navigating a world where sexual content is nearly impossible to avoid—through screens, school, and conversations with friends. These years are foundational for shaping how they view themselves, others, and God's design for relationships. Sexual integrity isn't just about saying no to sex—it's about saying yes to God's purpose for their body, mind, and heart.

God's boundaries are not meant to bring shame or fear but to offer freedom, clarity, and protection. These conversations can feel weighty, but they are essential—and your voice matters. Keep communication open, honest, and rooted in truth and grace.

### TRUTH FROM THE BIBLE

*That is why a man leaves his father and mother and is united to his wife, and they become one flesh.*

Genesis 2:24 NIV

God's design for sex is rooted in a lifelong, committed marriage.

*Marriage should be honored by all, and the marriage bed kept pure.* Hebrews 13:4 NIV

Purity honors both your future spouse and the God who created you.

*Your enemy the devil prowls around like a roaring lion ... Resist him, standing firm in the faith.*

Peter 5:8–9 NIV

Temptation is real, but you don't have to face it alone—God gives strength.

*Flee the evil desires of youth and pursue righteousness, faith, love and peace.* 2 Timothy 2:22 NIV

Sometimes the wisest choice is to remove yourself from a tempting situation.

*Whatever is true, noble, right, pure ... think about such things.* Philippians 4:8 NIV

What we dwell on in our minds will shape our hearts and actions.



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## TALK ABOUT IT

- Why do you think God designed sex to be part of marriage?
- How do you think media and culture shape how teens view relationships?
- What kind of boundaries would help protect your heart and future?
- What does sexual integrity look like in a dating relationship?

This is a great time to clarify that God isn't anti-sex—He's pro-wholeness. Sexual integrity is about valuing ourselves and others enough to honor God's design. If your student has already crossed boundaries, remind them that God's grace offers a fresh start.

## LIVE IT OUT

Talk with your student about what it means to pursue purity in every part of life—not just physically, but mentally and emotionally too. Have a clear, honest conversation about boundaries they want to set in dating relationships and how to stay accountable. Encourage them to choose media that reflects their values, and help them identify a trusted adult they can talk to when questions or challenges come up. If they've already crossed boundaries, remind them that God's grace always offers a fresh start. What matters most is that they keep moving forward in truth, strength, and trust in God's design.

## PRAY TOGETHER

Sexual integrity takes strength, wisdom, and trust in God's design. Use this moment to center your student in truth and remind them that they are never alone in this journey.

"God, help me to see my worth through Your eyes. I want to honor You with how I live, think, and treat others. Teach me to walk in truth, set wise boundaries, and trust Your timing for relationships. Give me courage to say no to what's wrong and strength to pursue what's right. Amen."

