

SPIRITUAL CHECK IN

3RD GRADE

OBJECTIVE

Help your child grow spiritually by developing a personal relationship with God through Bible reading, prayer, and reflection.

WHAT TO KNOW

By 3rd grade, kids are starting to shift from hearing Bible stories to learning how to explore Scripture for themselves. This is the perfect time to guide them toward building daily habits—praying, reading God's Word, and reflecting on how to live it out.

They're also beginning to think more deeply about what they believe and may ask new questions about God, faith, and how it applies to their real lives. That makes this a great age to encourage curiosity and help them see that faith is more than something we hear at church—it's something we practice every day.

You are still your child's most influential spiritual teacher. The routines you build now will help shape their faith for years to come. Even short, consistent moments of reading and prayer can make a big difference.

TRUTH FROM THE BIBLE

Start children off on the way they should go, and even when they are old they will not turn from it.
Proverbs 22:6

Helping kids build strong faith habits now lays a foundation they can carry for life.

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness. 2 Timothy 3:16

The Bible teaches us what's true and helps us grow in how we think, speak, and act.

Your word is a lamp for my feet, a light on my path. Psalm 119:105

When we read the Bible, God helps us see what to do and where to go.

Pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

1 Thessalonians 5:16–18



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TALK ABOUT IT

- What happened in the Bible story we read?
- What does it show us about God?
- How could you live that out today?
- What do you usually talk to God about in prayer?

Use this time to help your child see that faith isn't just about church—it's something personal and everyday. Ask questions about what they're learning in the Bible and how they're connecting with God in prayer. Help them understand that God wants a relationship with them, and both Scripture and prayer are ways to grow that relationship.

LIVE IT OUT

Create a Bible study routine and a Bible habit tracker. Draw a simple chart with boxes for each day of the week. Encourage your child to check off each day they read a Bible verse or prayed. Celebrate small wins to build motivation and routine.

At the end of the week, have them share their favorite verse or moment with you. Talk about how it helped them grow or reminded them of something true about God. You could even write meaningful verses on sticky notes and post them where they'll see them often—like by their bed, on the fridge, or in a notebook.

These small habits help make faith feel personal and practical, laying a strong foundation for their relationship with God.

PRAY TOGETHER

Make prayer part of your daily rhythm—before meals, at bedtime, or when something tough or exciting happens. Encourage your child to talk to God with confidence, knowing He listens.

"Dear God, thank You for loving me and teaching me through Your Word. Help me understand what I read and talk to You every day. Amen."

