

SEXUAL INTEGRITY

6TH GRADE

OBJECTIVE

Have a conversation with your student about how God created their body with purpose and how to honor Him through thoughts, actions, and relationships.

WHAT TO KNOW

Talking about sexual integrity at this age may feel early, but it's essential. The world is already sending messages—often confusing ones—about sex, identity, and relationships. Your student is asking questions, forming opinions, and noticing more about the world around them. This is your opportunity to lead the way with truth, love, and clarity.

Sexual integrity isn't just about avoiding something "bad." It's about living with honor and purpose in every part of life. That includes how they treat their body, what they watch and listen to, and how they relate to others. When they understand that their body is made by God and is good, they can begin to see purity not as a rule, but as a response to God's love.

TRUTH FROM THE BIBLE

God created mankind in His own image ... and it was very good. Genesis 1:27, 31 NIV
Our bodies were made by God and are good—not something to be ashamed of.

Your bodies are temples of the Holy Spirit ... you were bought at a price. Therefore honor God with your bodies. 1 Corinthians 6:19–20 NIV
We honor God by how we treat and care for our bodies.

How can a young person stay on the path of purity? By living according to Your word. Psalm 119:9 NIV
God's Word is our guide for living with integrity.

Whatever is true, noble, right, pure ... think about such things. Philippians 4:8 NIV
What we focus on shapes our choices and character.

Flee the evil desires of youth and pursue righteousness, faith, love and peace ... 2 Timothy 2:22 NIV
We are called to run toward what's good and godly.



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TALK ABOUT IT

- What do you think it means to honor God with your body?
- Why do you think God wants us to be careful about what we watch or say?
- What are ways we can protect our hearts and minds from things that aren't helpful?
- What kind of choices now could help your future relationships?

Be ready to share from your own experiences—both the wins and the struggles. Let them know they're not alone in facing temptation, and that God's grace is always available. You're building a foundation of trust and guidance for the years ahead.

LIVE IT OUT

Talk about how to set healthy boundaries in what they watch, listen to, and talk about with friends. Remind them that their body is a gift from God—something to protect, not hide or misuse. Encourage wise choices now that will build stronger relationships later. Let them know you're always available to talk, and that there's nothing they can't bring to you or to God.

PRAY TOGETHER

Take time to pray with your student. Ask God to help them walk in purity, make wise choices, and see themselves as loved and made with purpose.

"God, thank You for creating me with care and purpose. Help me to see myself the way You do. Teach me how to honor You with my body, my thoughts, and my choices. Give me strength to walk in purity and courage to say no to things that aren't right. I want to follow You and live the life You designed for me. Amen."

