

IDENTITY IN CHRIST

Kindergarten

OBJECTIVE

Have a meaningful and simple conversation with your child about how God made them special and how their identity is found in who Jesus says they are—not what the world says.

WHAT TO KNOW

Kindergarteners are beginning to form their sense of self—what they like, how they think, and how they see themselves in the world. They may already be hearing messages about who they are—from classmates, media, or even their own thoughts. Some of those messages can be encouraging, but others can plant seeds of insecurity or comparison.

This is a perfect time to start teaching your child about their identity in Christ. Kindergarteners may not understand deep theological terms, but they absolutely understand love, being chosen, and knowing they belong.

You are still their biggest influence. As you affirm who God says they are—deeply loved, wonderfully made, chosen, and never alone—you are laying the foundation for healthy self-worth rooted in truth.

TRUTH FROM THE BIBLE

So God created mankind in his own image ... male and female he created them. Genesis 1:27 NIV
God made every person to reflect His image—including your child. They are created with value and purpose.

I praise you because I am fearfully and wonderfully made. Psalm 139:14 NIV
God made your child wonderfully and with intention. They can be confident that they are exactly who God designed them to be.

Yet to all who did receive him ... he gave the right to become children of God. John 1:12 NIV
When we follow Jesus, we are welcomed into God's family. Your child is loved and chosen by Him.

For we are God's handiwork, created in Christ Jesus to do good works. Ephesians 2:10 NIV
God has a plan for your child's life. He made them with care and has good things for them to do.



IDENTITY IN CHRIST

Kindergarten

TALK ABOUT IT

- What do you think God thinks about you?
- What are some things you're really good at?
- Has anyone ever made you feel left out or not special?
- Do you know that God made you on purpose?

These questions can help your child start connecting their everyday experiences to the truth of who they are in Christ. As you listen to their answers, gently affirm what God says about them. Your words can help replace uncertainty with confidence and build a foundation of truth that will grow with them.

LIVE IT OUT

Help your child create an "I Am in Christ" poster. Use a blank piece of paper and write "I Am ..." at the top. Let your child decorate it with their name and draw pictures or write words from the Bible truths you just discussed: I am loved. I am a child of God. I am wonderfully made. I am special. I am not alone. I am God's creation.

Hang the poster somewhere your child can see it every day—on the fridge, in their room, or by the mirror. When you see it, take a moment to read one of the truths out loud to them.

Throughout the week, look for chances to point out when your child is living out their identity in Christ. For example, "You shared with your friend—that shows God's love," or "You're brave just like someone who knows they belong to God." Reinforce the connection between their actions and who God says they are.

PRAY TOGETHER

Ask God to help your child remember they are special, loved, and created on purpose. Thank Him for making them just the way He did.

"Dear God, thank You for making me special. Help me remember that I am Your child and that I'm loved no matter what. Thank You for making me just the way You wanted. Amen."

