

# SEXUAL INTEGRITY

## 11TH GRADE

### OBJECTIVE

Help your student understand that sexual integrity is more than a rule—it's about living in alignment with God's design for love, relationships, and purpose.

### WHAT TO KNOW

Your student is in a season of growing independence, emotional intensity, and pressure to fit in. Conversations about sex may feel awkward—but they are crucial. Sexual integrity isn't just about abstinence; it's about valuing themselves and others, respecting boundaries, and choosing to live with honor in a culture that often celebrates the opposite.

Teens are asking deeper questions about identity, purpose, and love. They're also exposed to confusing messages from media, friends, and culture. It's important to help them connect what they believe about sex with who they believe God is. This conversation isn't just about rules—it's about wholeness, purpose, and trusting God with every part of their lives.

### TRUTH FROM THE BIBLE

*For this is the will of God, your sanctification: that you abstain from sexual immorality ...*

1 Thessalonians 4:3–5 ESV

God calls us to self-control and honor—for our protection and joy.

*Flee from sexual immorality ... the sexually immoral person sins against his own body.*

1 Corinthians 6:18 ESV

Sexual sin has deep impact. God wants to guard both your body and your heart.

*Let marriage be held in honor among all, and let the marriage bed be undefiled ...*

Hebrews 13:4 ESV

Sex is a sacred gift meant to be protected within the covenant of marriage.

*Put to death therefore what is earthly in you: sexual immorality, impurity, passion ...*

Colossians 3:5 ESV

We are called to live differently—letting Jesus lead every part of our lives.



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## TALK ABOUT IT

- What do you think sexual integrity means?
- What kind of messages do you think our culture gives about sex and relationships?
- Why do you think God cares about how we approach sexuality?
- How do your values affect the choices you make in relationships?
- What helps you stay strong when you feel pressure to compromise?

## LIVE IT OUT

Talk about what it means to pursue purity—not just physically, but mentally and emotionally too. Discuss what boundaries they want to set, how to stay accountable, and ways to live that reflect their values. Encourage your student to set healthy limits in dating relationships, choose music, shows, and social media that align with their faith, and connect with a trusted mentor or leader for support. If they've already crossed lines, remind them that God's grace offers a fresh start. Help them build a habit of praying for strength, wisdom, and confidence to stand firm. Your presence in these conversations matters. Keep them open, grace-filled, and rooted in truth.

## PRAY TOGETHER

This is a meaningful time to point your student back to God's design and remind them that He offers both guidance and grace. Pray together for wisdom, strength, and a heart that honors Him in every relationship.

"God, thank You for creating us with value and purpose. Help us to live with integrity and honor in all our relationships. Give us strength to stand firm when it's hard and to trust Your way above the world's. Teach us to love like You do. Amen."

